

Mecklenburg County

North Carolina

Proclamation

WHEREAS, park and recreation is an integral part of communities throughout this country, including Mecklenburg County; and

WHEREAS, park and recreation promotes health and wellness, improving the physical and mental health of people who live near and use parks; and

WHEREAS, park and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses; and

WHEREAS, park and recreation encourages physical activities by providing space for popular sports, hiking trails, aquatic facilities and many other activities designed to promote active lifestyles; and

WHEREAS, park and recreation programming and education activities, such as out-of-school activities, youth sports, and environmental education, are critical to childhood development; and

WHEREAS, park and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, park and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our park and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Park and Recreation Month to recognize the more than 160,000 full-time park and recreation professionals along with hundreds of thousands of part-time and seasonal workers who maintain our recreational spaces; and

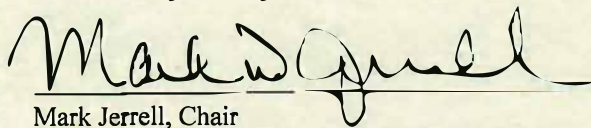
WHEREAS, Mecklenburg County recognizes the benefits derived from park and recreation resources.

NOW THEREFORE, BE IT RESOLVED by Mecklenburg County that July is recognized as

Park and Recreation Month

and is celebrating with the national theme *"The Power Of [Connection, Play, Community, Nature, Belonging, Well-Being]"* in the County of Mecklenburg, North Carolina.

This 7th day of July 2026



Mark Jerrell, Chair
Mecklenburg Board of County Commissioners

