

# Mecklenburg County

## North Carolina

# Proclamation

**WHEREAS**, park and recreation is an integral part of communities throughout this country, including Mecklenburg County; and

**WHEREAS**, park and recreation promotes health and wellness, improving the physical and mental health of people who live near and use parks; and

**WHEREAS**, park and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses; and

**WHEREAS**, park and recreation encourages physical activities by providing space for popular sports, hiking trails, aquatic facilities, and many other activities designed to promote active lifestyles; and

**WHEREAS**, park and recreation programming and education activities, such as out-of-school activities, youth sports, and environmental education, are critical to childhood development; and

**WHEREAS**, park and recreation is fundamental to the environmental well-being of our community; and

**WHEREAS**, park and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

**WHEREAS**, our park and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

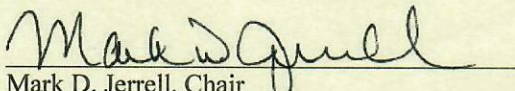
**WHEREAS**, for 40 years, people in the United States have celebrated Park and Recreation Month in July to promote building strong, vibrant, and resilient communities and to recognize the more than 160,000 full-time park and recreation professionals along with hundreds of thousands of part-time and seasonal workers who maintain our recreational spaces; and

**WHEREAS**, Mecklenburg County recognizes the benefits derived from park and recreation resources.

**NOW THEREFORE, BE IT RESOLVED** by Mecklenburg County that July is recognized as

## PARK AND RECREATION MONTH

and is celebrating with the national theme of Build Together, Play Together, in the County of Mecklenburg, North Carolina.



Mark D. Jerrell, Chair  
Mecklenburg Board of County Commissioners

