



Mecklenburg County

State of the County Health

Board of County Commissioners
Budget/Public Policy Workgroup Meeting

Dr. Raynard Washington, Health Director
September 10, 2024



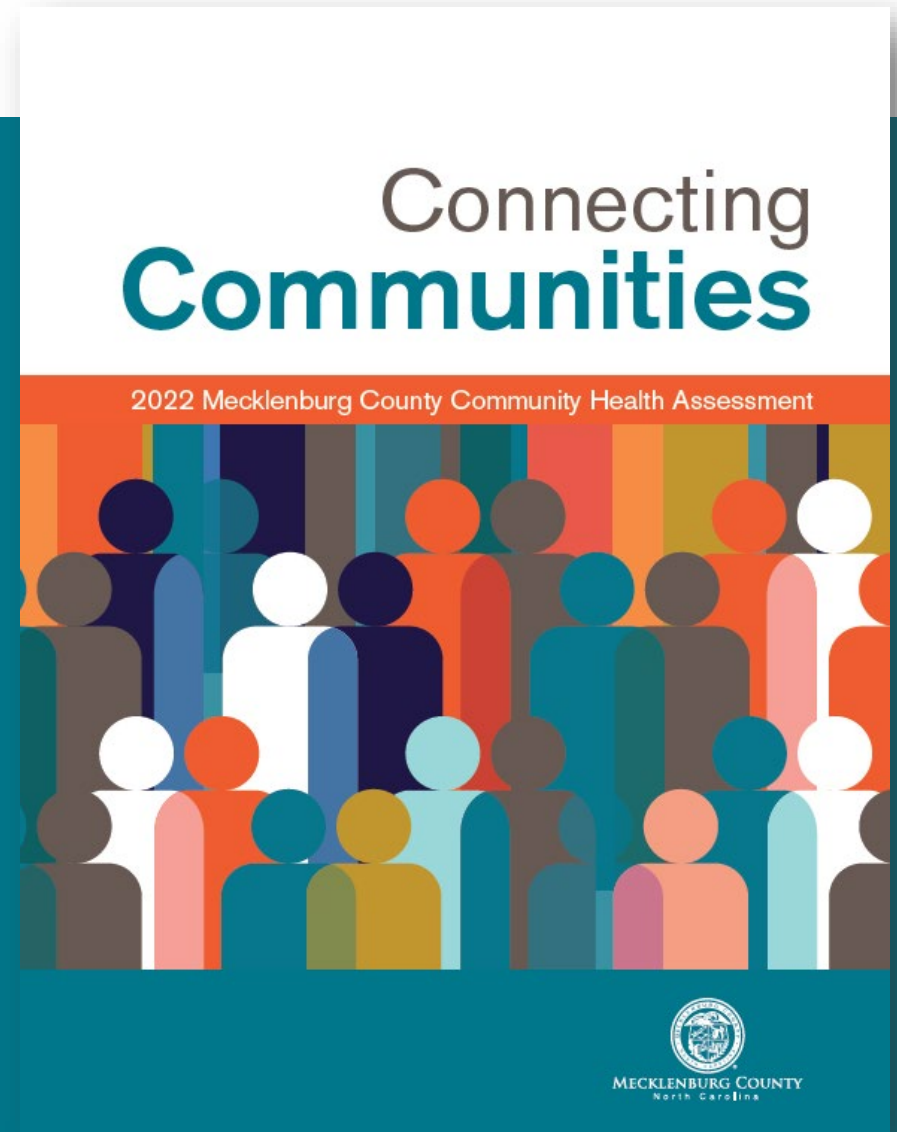
MECKLENBURG COUNTY
North Carolina

Public Health

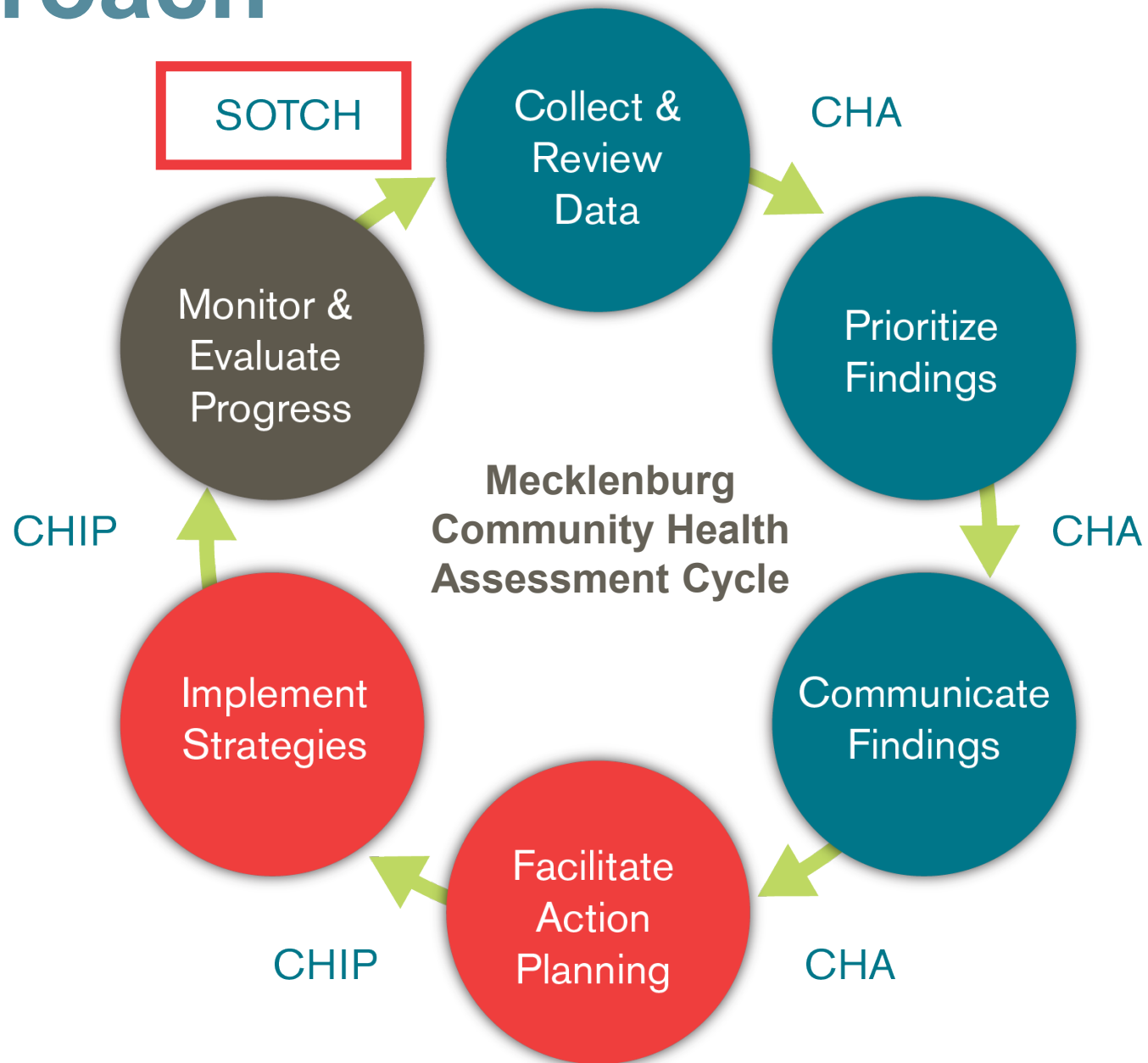


What is the CHA?

The Community Health Assessment (CHA) process periodically assesses local data to understand the strengths and needs of our diverse and changing community to inform community health improvement planning, programmatic decision-making, policy development, and financial investments to improve community health outcomes.



Our Approach



SOTCH Overview

State of the County **Health Report**

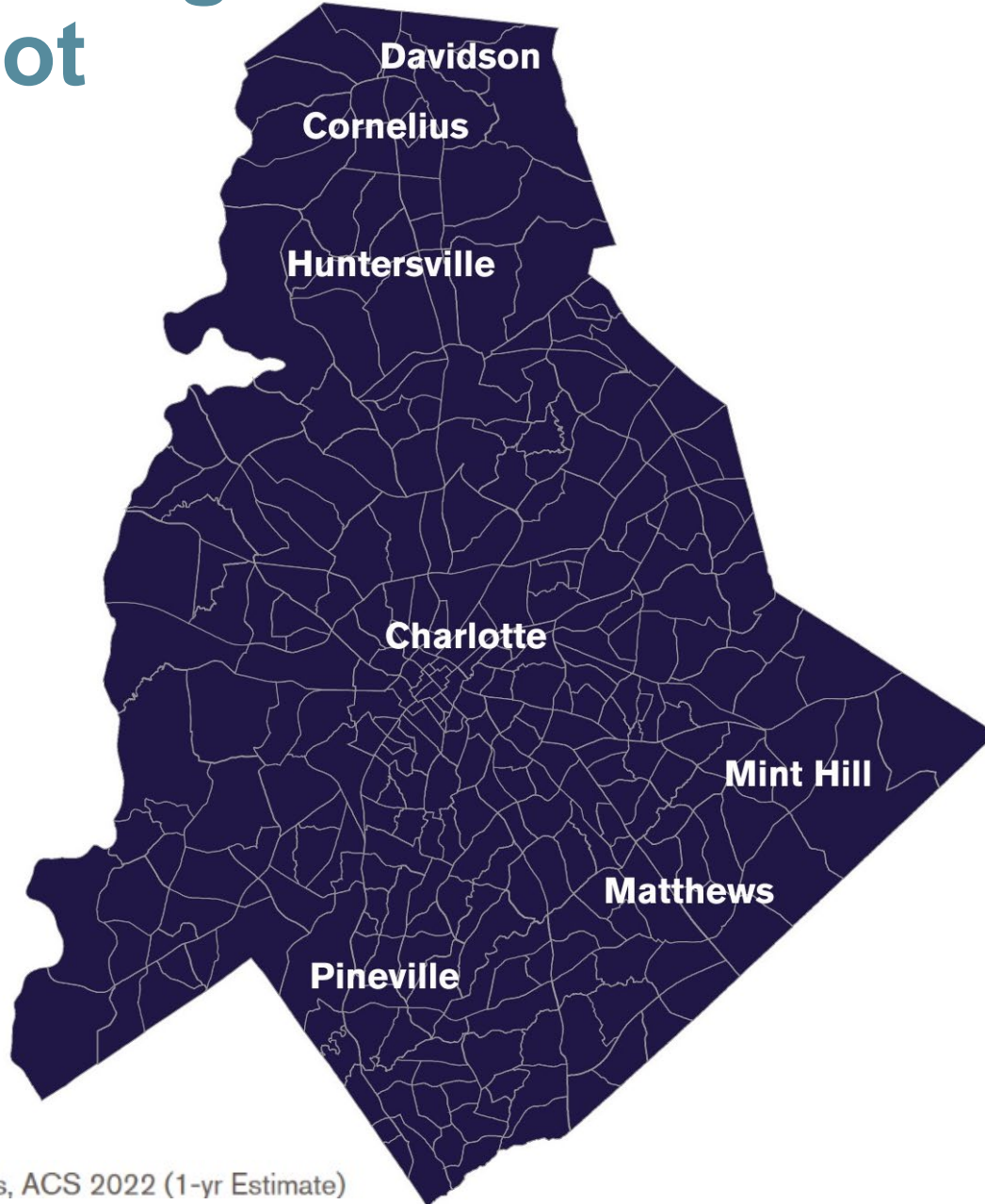


2023



- State of the County Health (SOTCH) Report produced years between the Community Health Assessment (CHA)
- The SOTCH includes an update on selected health indicators, new or emerging community health trends, and CHIP Priorities

Mecklenburg Snapshot



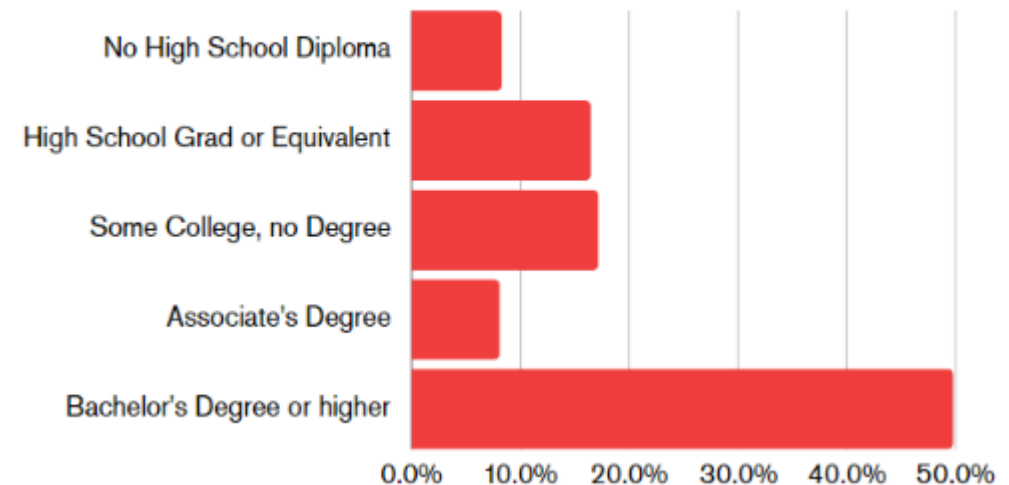
TOTAL POPULATION
1,145,392



MEDIAN AGE
35.5 years

MEDIAN HOUSEHOLD
INCOME
\$80,365

EDUCATIONAL ATTAINMENT PERSONS 25 AND OVER

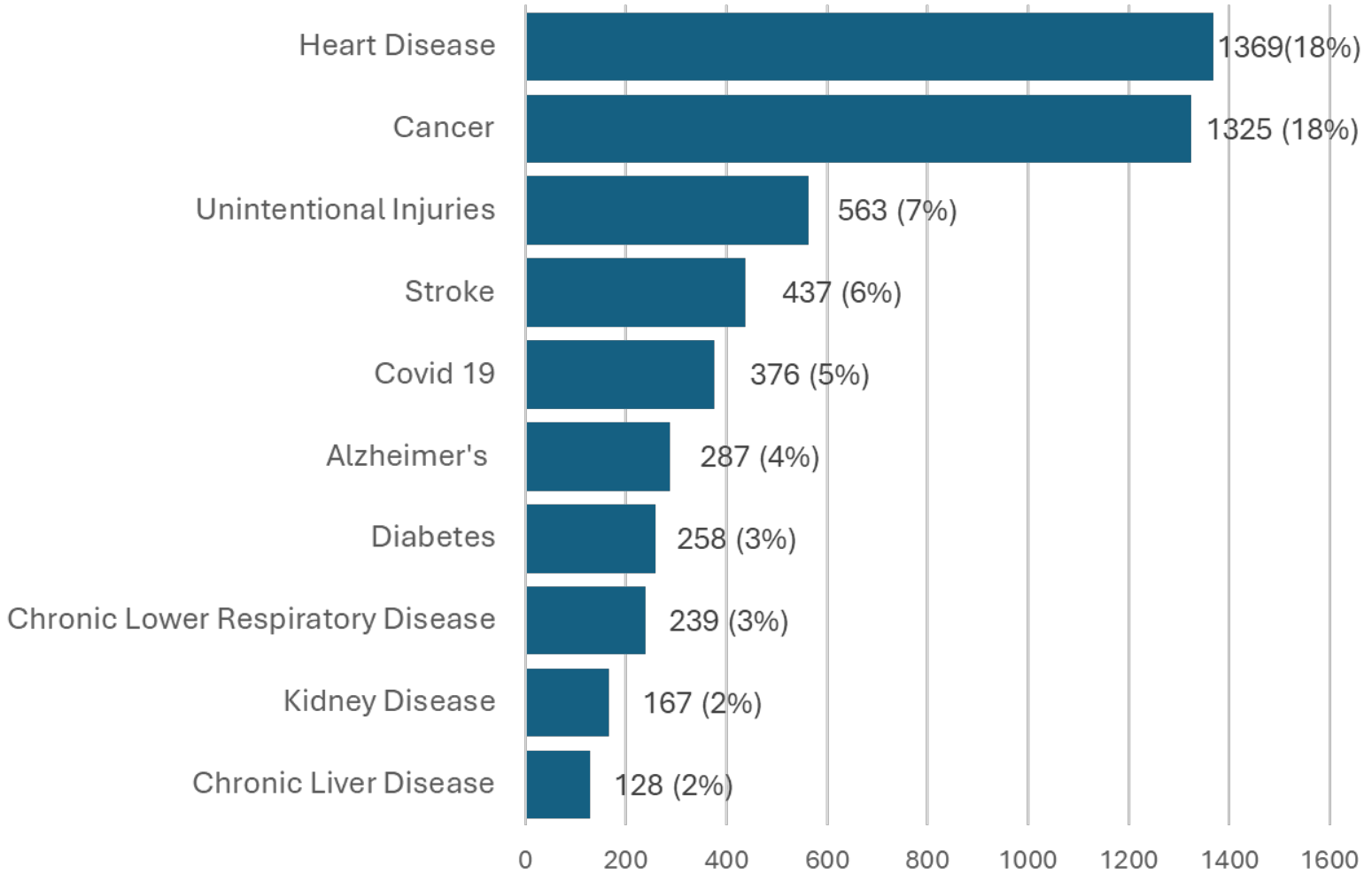


Data Source: US Census, ACS 2022 (1-yr Estimate)

Mecklenburg Snapshot



2022 Leading Causes of Death, Mecklenburg Total Deaths: 7,508



Data Sources: NC SCHS, 2022 Mecklenburg County Vital Statistics Data
Other Sources: CDC WONDER, 2022 Underlying Causes of Death

2022-2025 Priorities: Data Overview



Access to Care



Chronic Disease Prevention



Mental Health



Violence Prevention



Maternal & Infant Health



Access to Care



Definition:

% of Uninsured Adults 19-64 yrs.

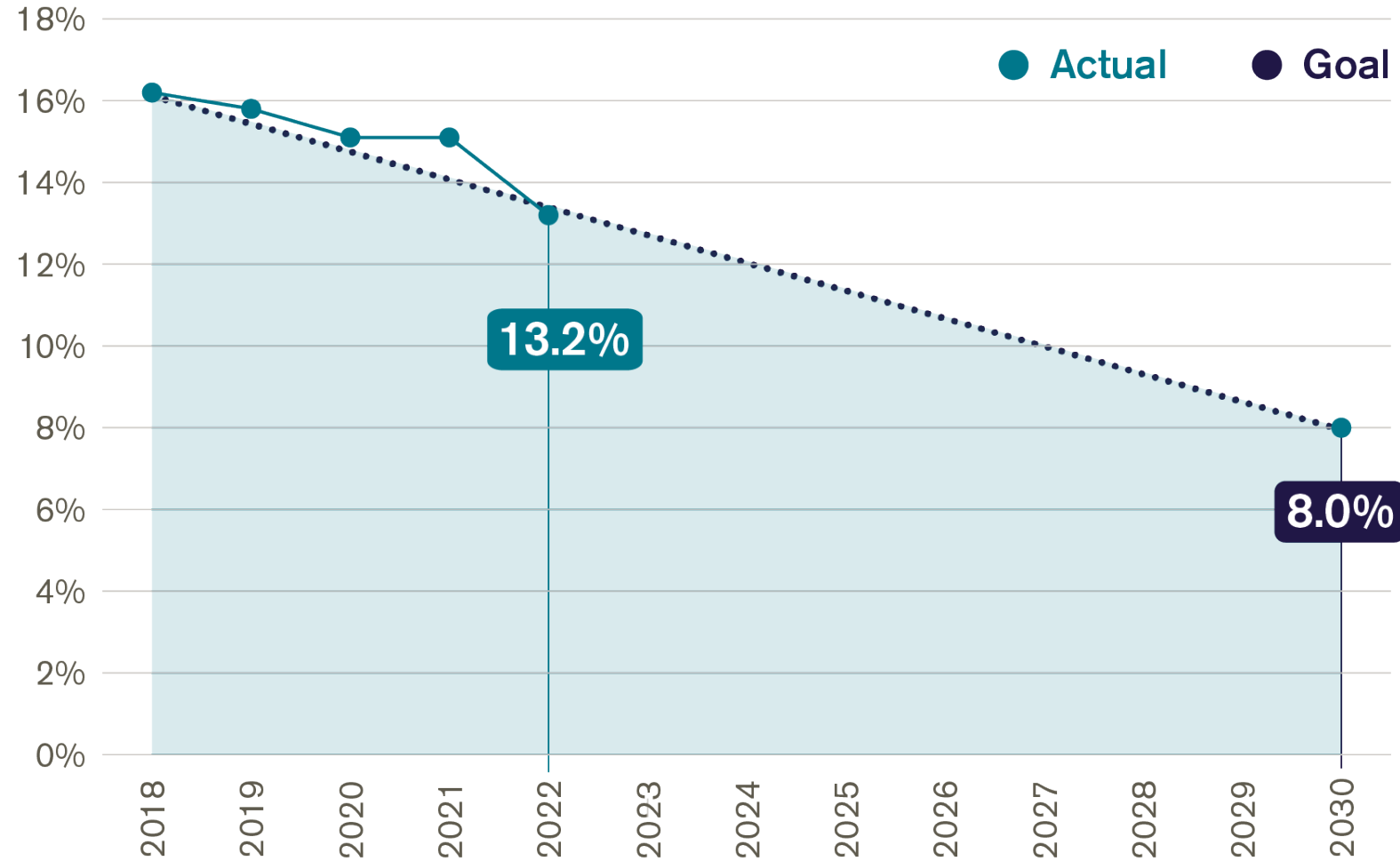
Status:

Improving

Source:

US Census, ACS

Uninsured Adults





Access to Care

Definition:

% of Adults (18+) without a Primary Care Provider

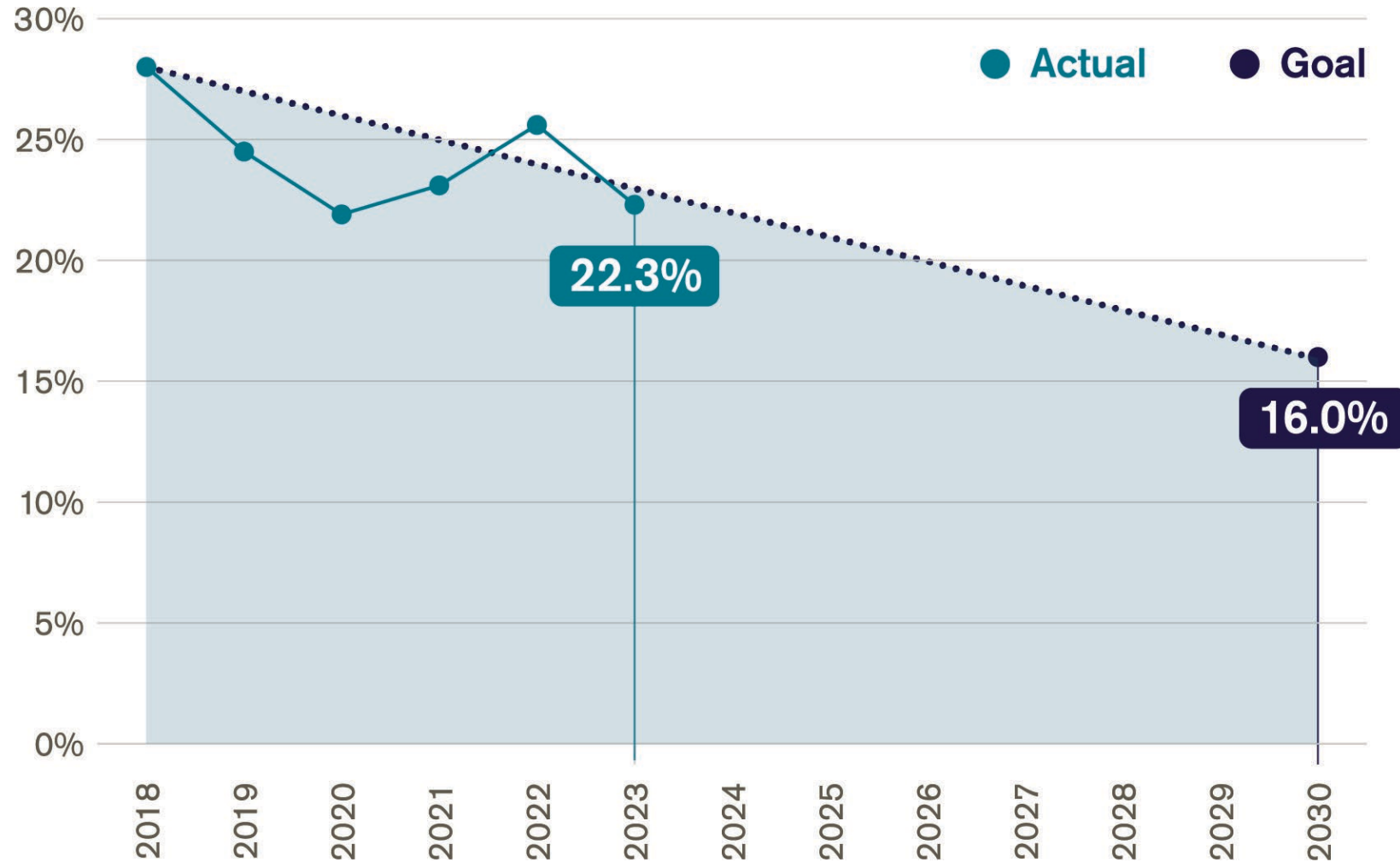
Status:

Improving

Source:

Mecklenburg County BRFSS

Primary Care Access





Access to Care

Definition:

% of Adults (18+) Unable to See a Doctor Due to Cost

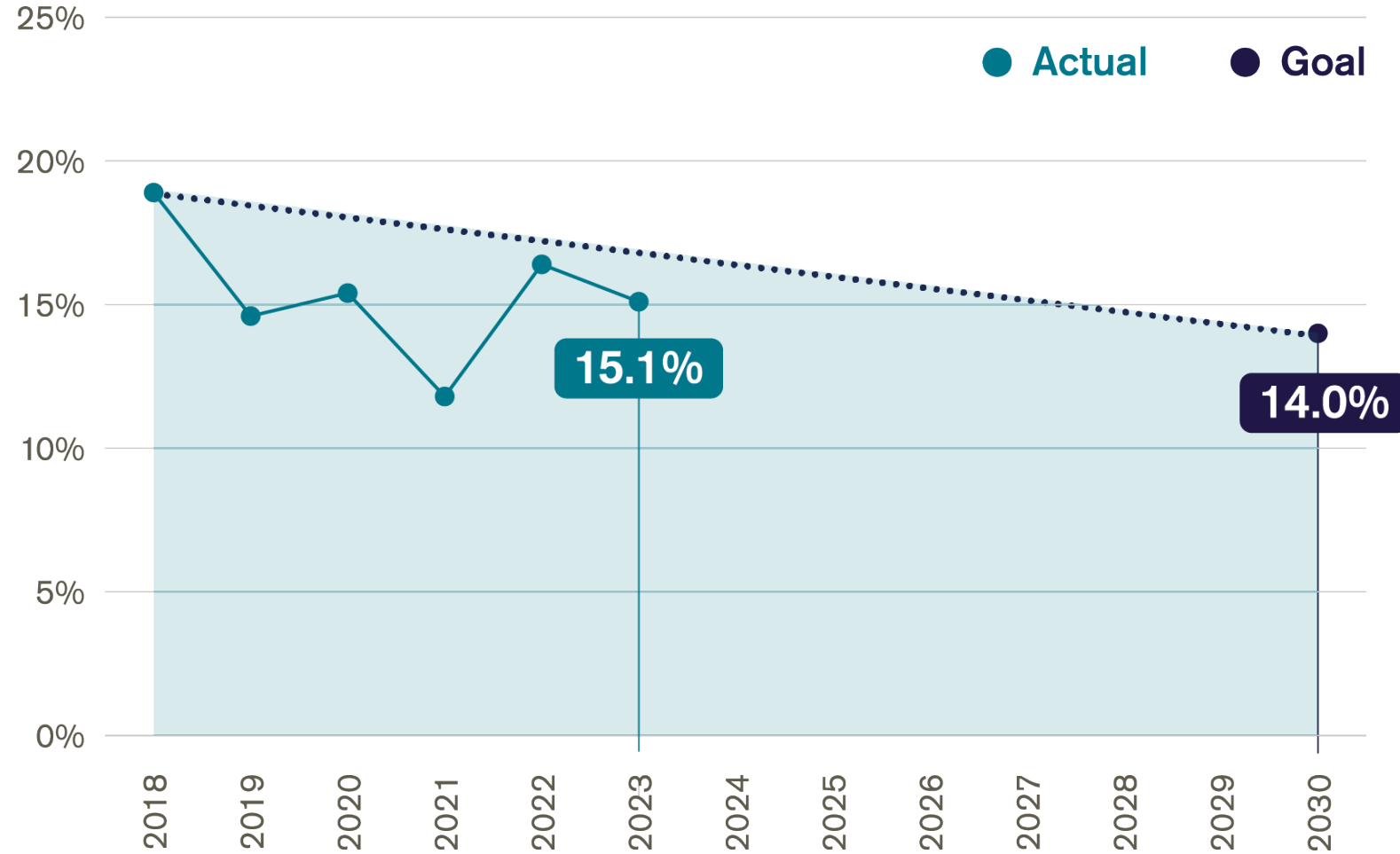
Status:

Improving

Source:

Mecklenburg County BRFSS

Primary Care Cost





Mental Health



Definition:

Rate of Youth ED Visits Due to Suicide Attempts per 100,000 Population

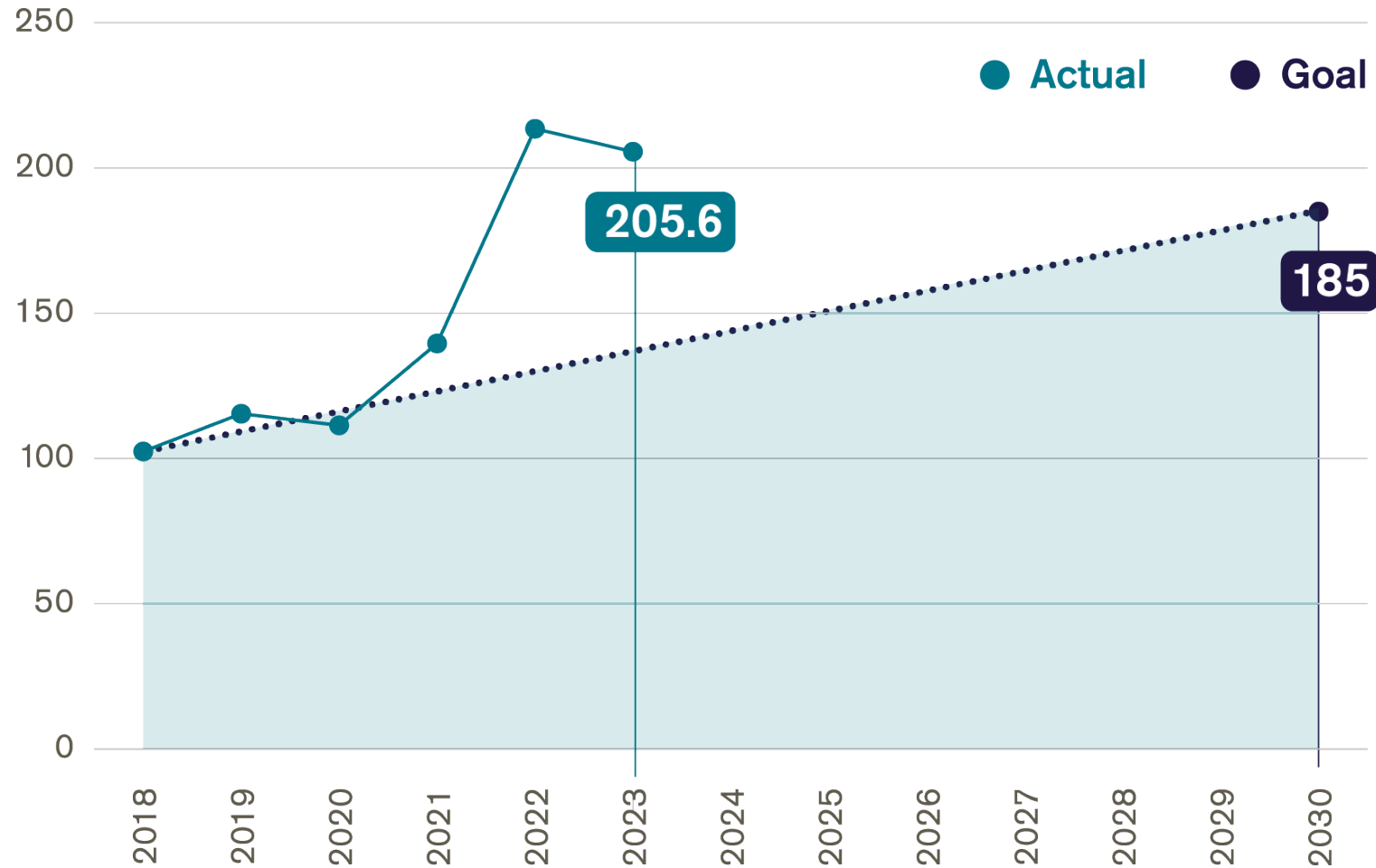
Status:

Getting Worse

Source:

NC DETECT, ED Visits

Youth Suicide Attempts





Mental Health

Definition:

Rate of ED Visits Due to Depression per 100,000 Population

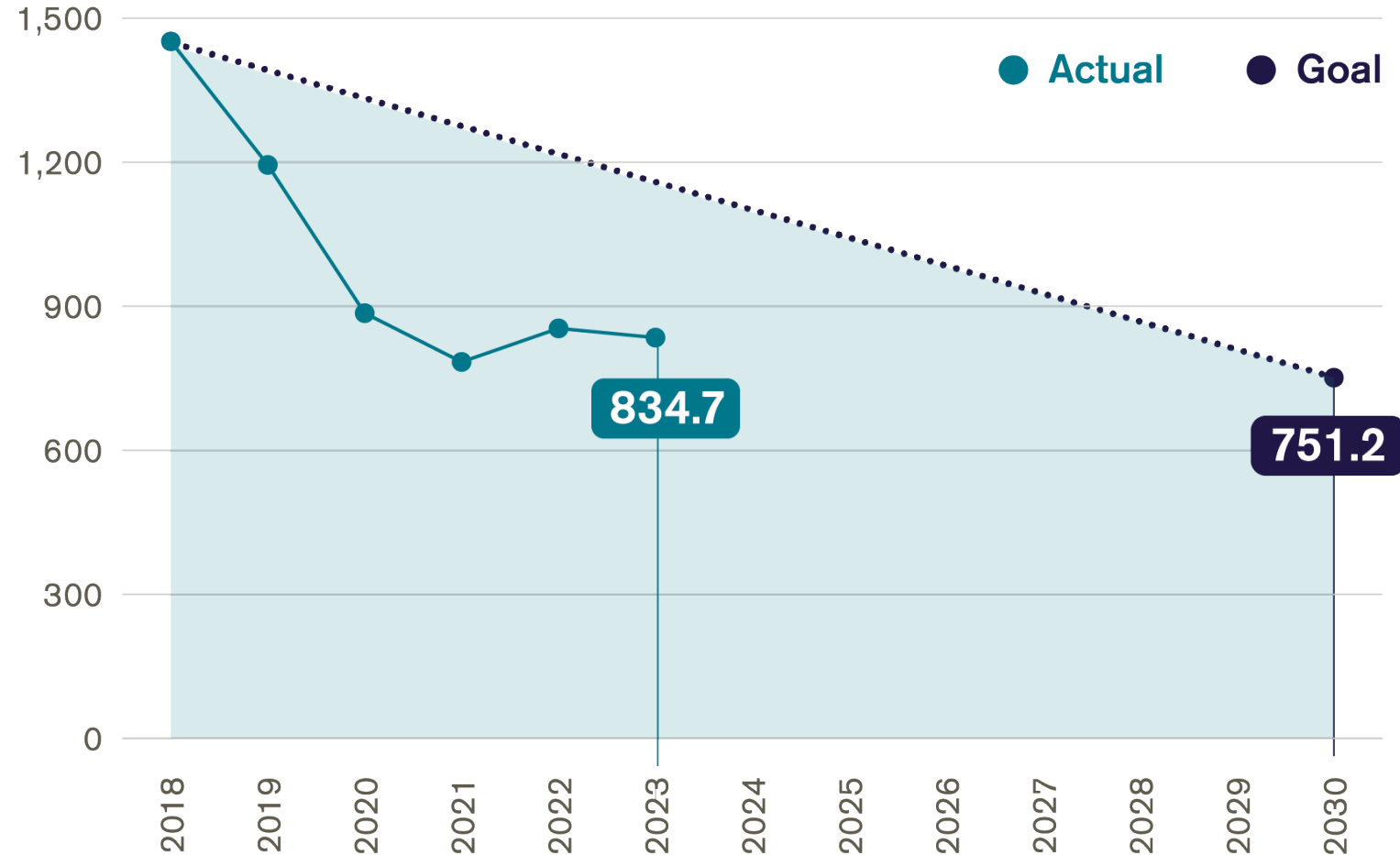
Status:

Getting Worse

Source:

NC DETECT, ED Visits

Mental Health ED Visits





Mental Health



Definition:

% Adults reporting mental health not good for 8 or more days per month

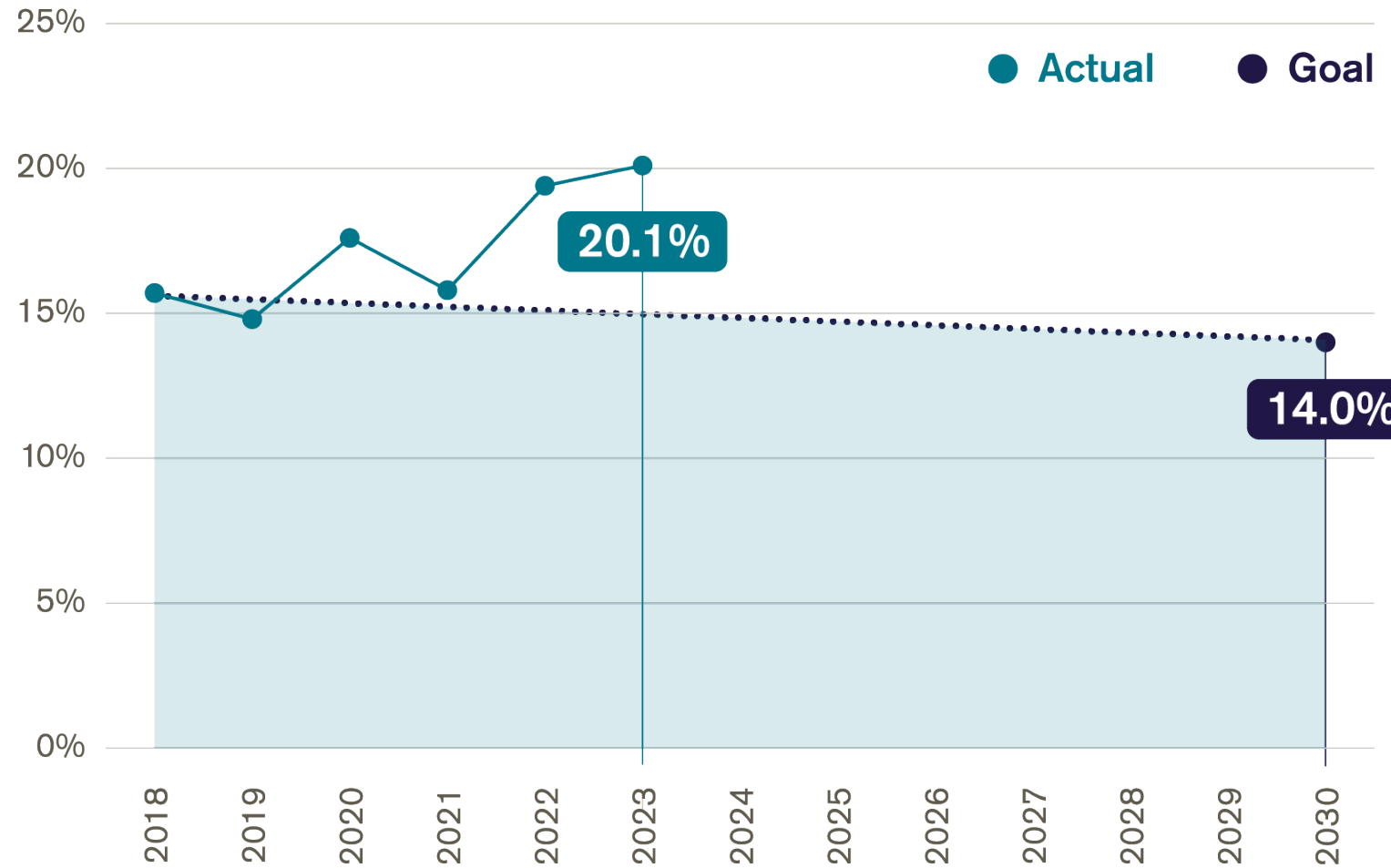
Status:

Getting Worse

Source:

Mecklenburg County BRFSS

Mental Health





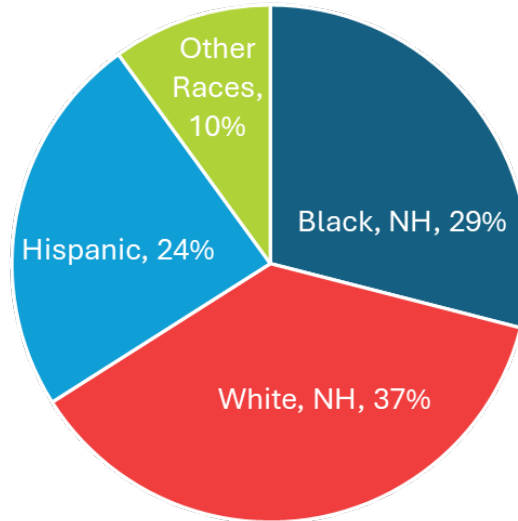
Maternal and Child Health

2022 Births and Birth Outcomes

Total Births, Mecklenburg: 15,038

Live Birth Rate: 13.1 per 1,000

Births by Race and Ethnicity of Mother



Low Birth Weight (< 2500g)

1,478 Births
(9.8%)

Very Low Birth Weight (<1500 g)

217 Births
(1.4%)

Premature Births

1,545 Births
(10.3%)



Maternal and Child Health



Maternal Mortality

Definition:

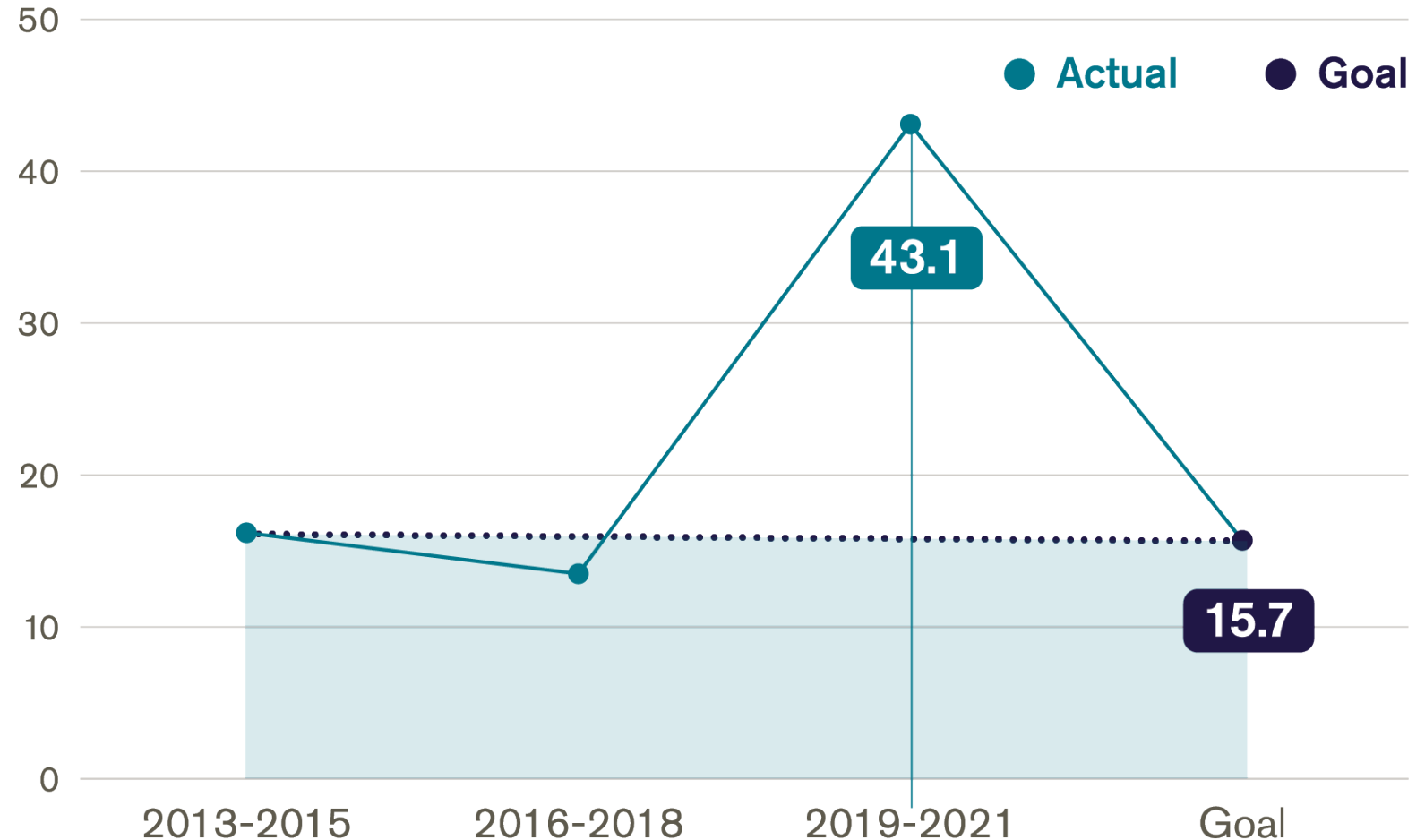
Maternal Deaths occurring up to one year after delivery per 100,000 live births (3 yr. avg. rates)

Status:

Getting Worse

Source:

NC DHHS, Vital Statistics





Maternal and Child Health



Breastfeeding

● Actual ● Goal

Definition:

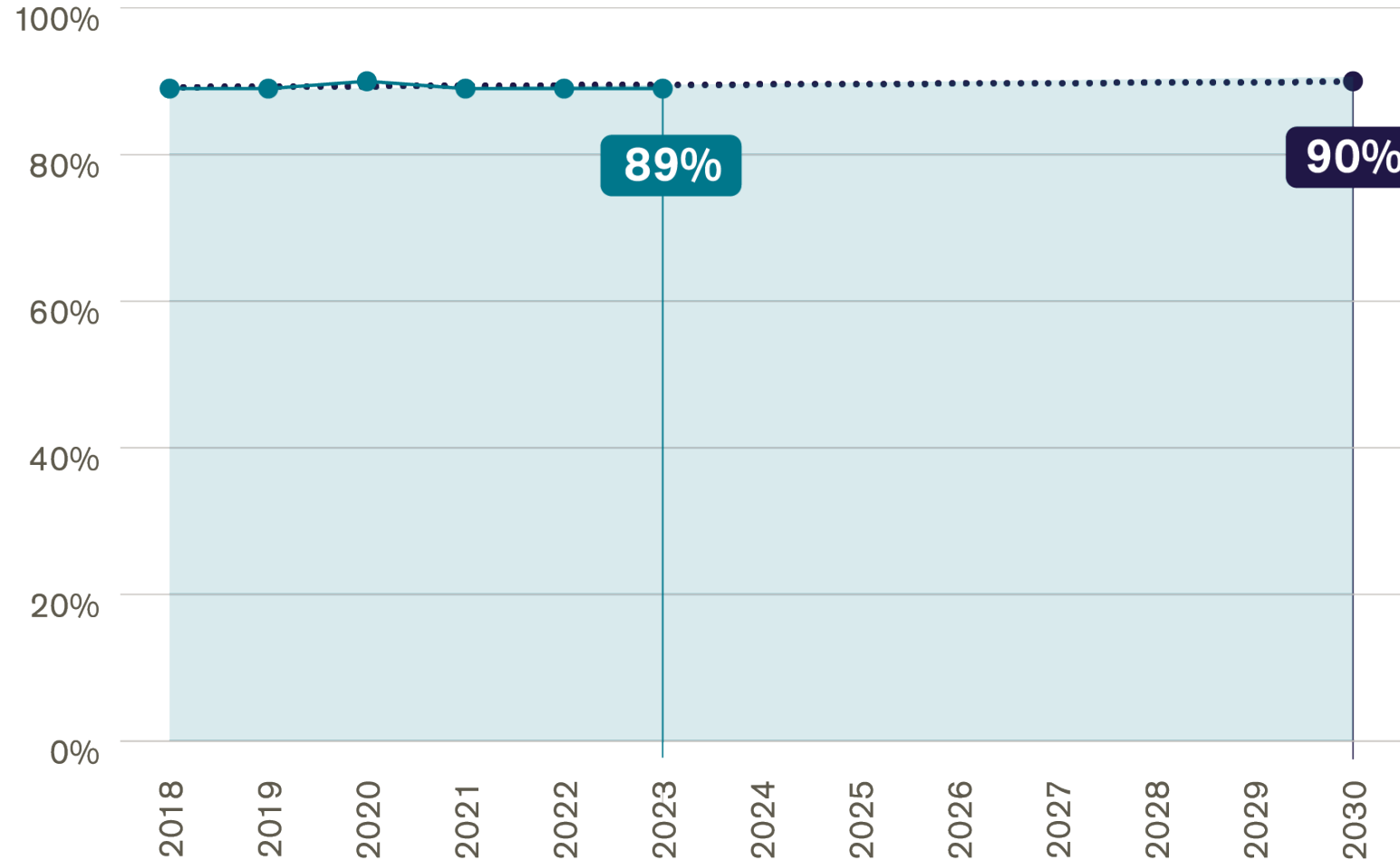
% of Births with Infants Breastfed at Discharge

Status:

Little or No Detectable Change

Source:

CDC Wonder





Chronic Disease Prevention



Current Smoking

8.9%

or

79,110 Adults

Obesity

31.6%

or

280,889 Adults

No Physical Activity

18.2%

or

160,321 Adults

	<i>Total</i>	<i>Educational Attainment</i>		<i>Income Level</i>	
		<i>Low (<High School)</i>	<i>Higher (High School +)</i>	<i>Low (<\$50k)</i>	<i>Higher (\$50K+)</i>
Percentage of Adults 18 and older Reporting Chronic Conditions, 2023 (by education and income)					
Current Smoking	8.9%	16.7%	5.8%	9.0%	6.2%
Overweight	38.9%	42.0%	37.8%	33.0%	40.4%
Obesity	31.6%	29.8%	32.3%	36.7%	30.6%
No Physical Activity	18.2%	28.5%	14.1%	33.2%	9.3%
Diabetes	10.5%	12.7%	9.7%	14.2%	6.5%
Cardiovascular Disease	7.6%	9.1%	7.1%	12.7%	5.8%
High Blood Pressure	32.7%	38.8%	30.3%	37.7%	28.2%
High Cholesterol	38.4%	36.8%	39.0%	39.3%	36.7%



Chronic Disease Prevention



Definition:

% of 18+ Adults who are Current Smokers

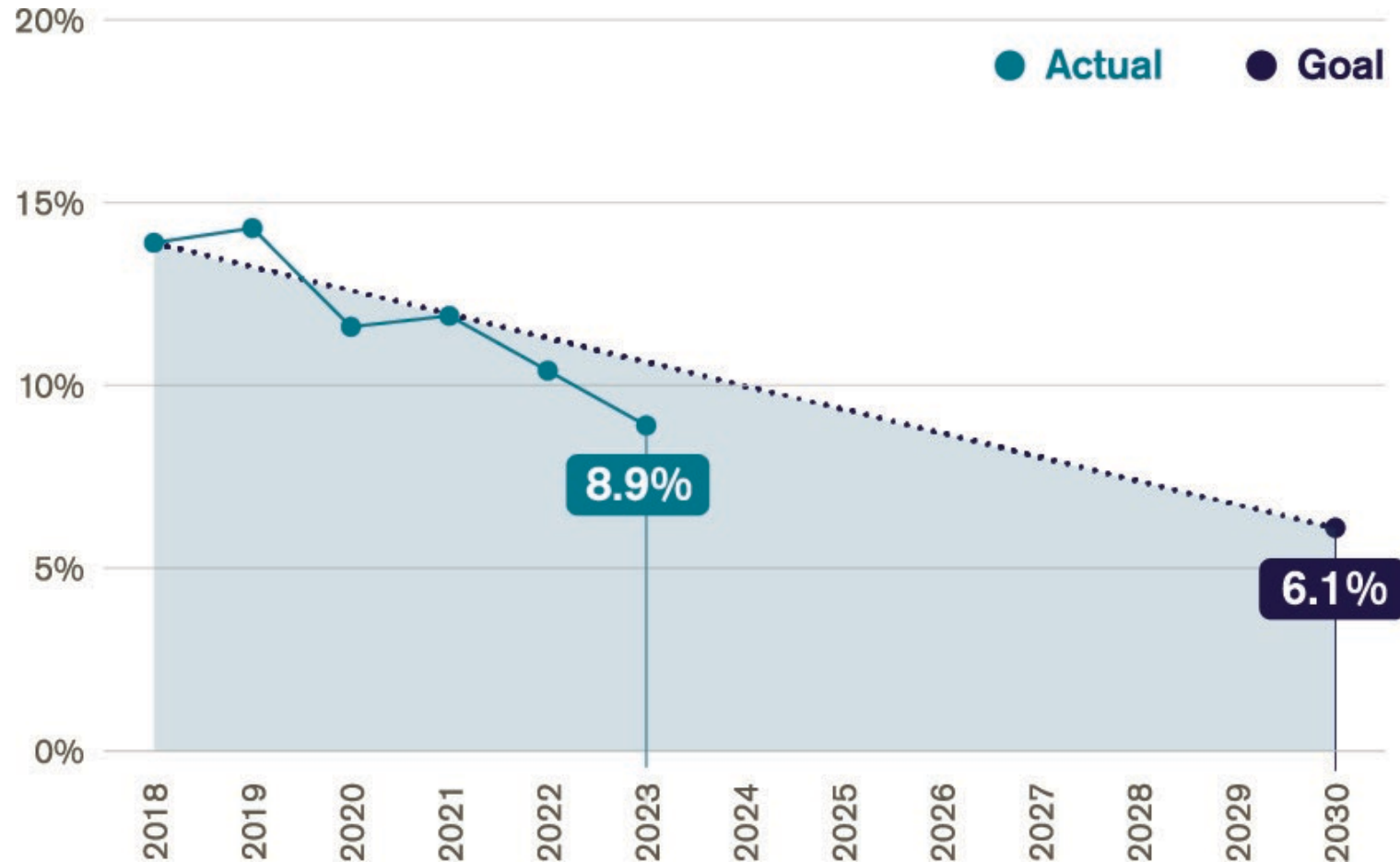
Status:

Improving

Source:

Mecklenburg County BRFSS

Adult Smokers





Chronic Disease Prevention

Definition:

% of Adults (18+) with no physical activity within past 30 days

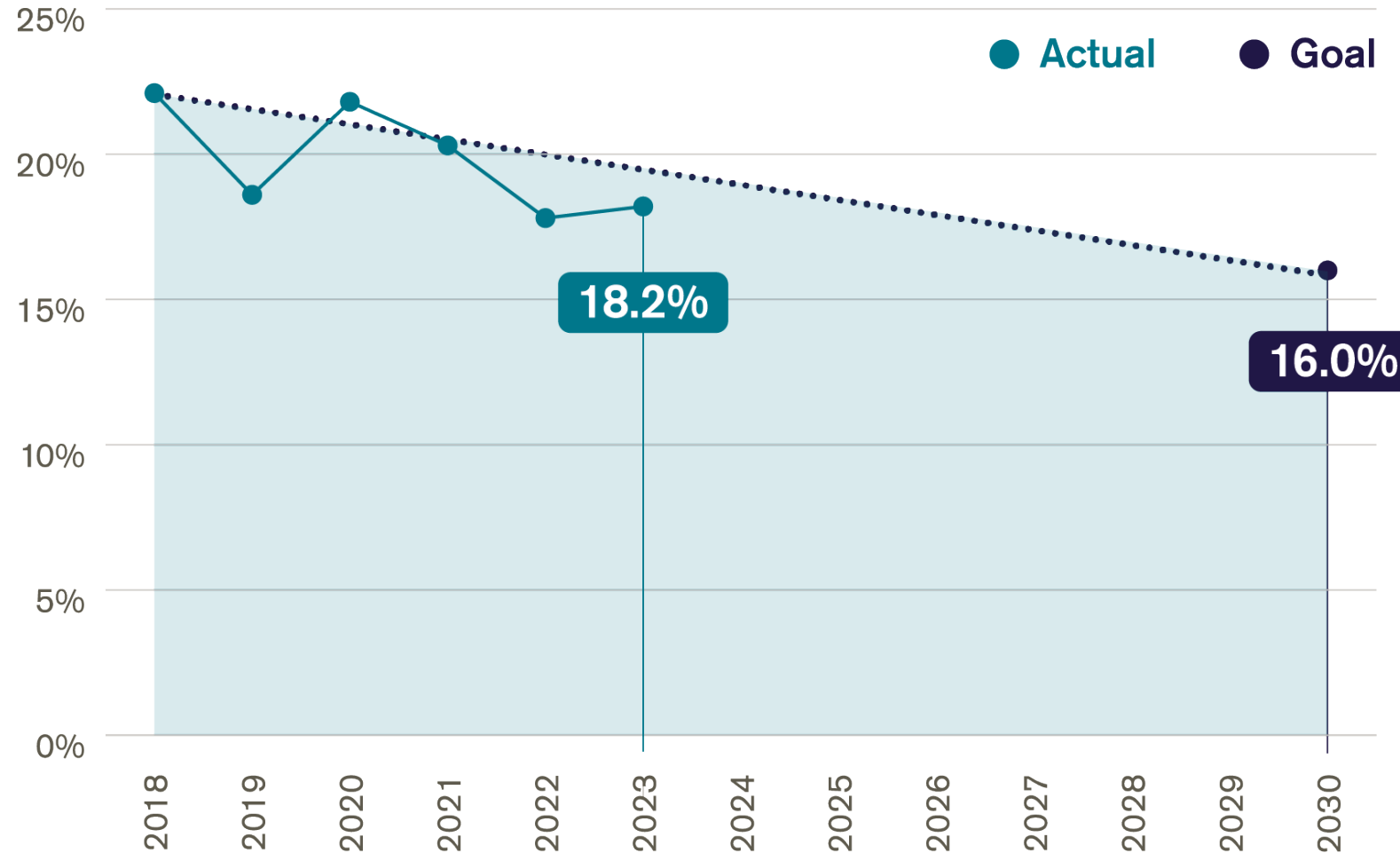
Status:

Little or No Detectable Change

Source:

Mecklenburg County BRFSS

Physical Inactivity





Violence Prevention



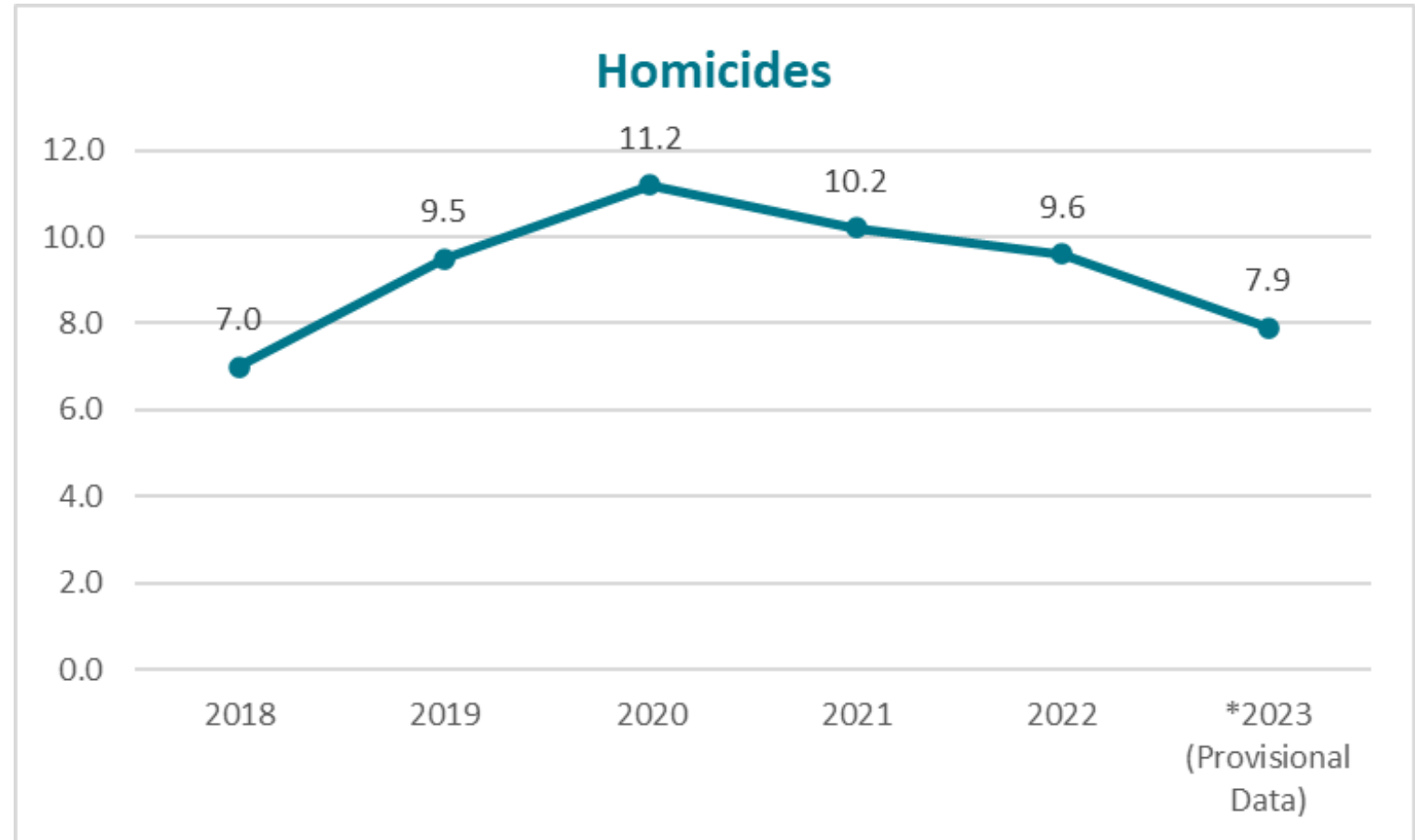
Definition:

**Homicide Rate per
100,000 Population**

Source:

**NC DHHS,
Vital Statistics**

**2030 Goal: Decrease
Rate to 6.0 or Below**

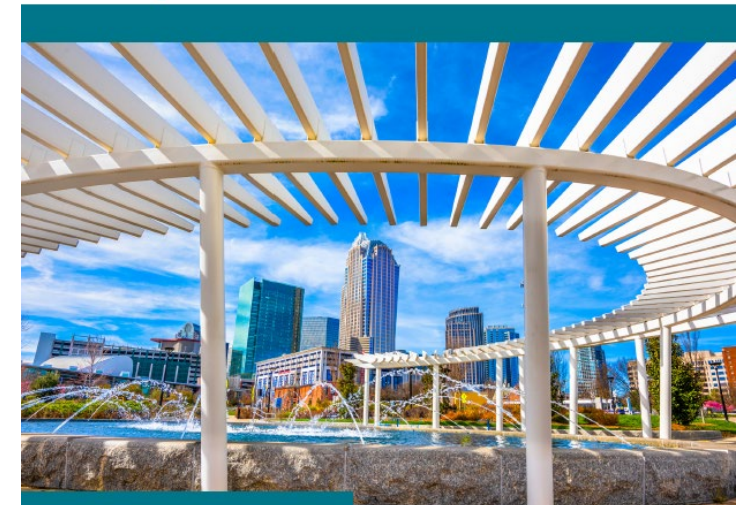


Community Health Improvement Plan

The CHIP ...

- Is a strategic plan to address health inequities and priorities identified in the CHA report
- Aims to improve the overall health and well-being of Mecklenburg County residents
- Is created in partnership with diverse community partners and residents

Community Health Improvement Plan



2023-2025



2022-2025 Priorities: CHIP Highlights



Access to Care



Chronic Disease
Prevention



Mental Health



Violence
Prevention



Maternal &
Infant Health



Access to Care

All residents of Mecklenburg County have equitable access to high quality, affordable health care services.

FY2024 CHIP Progress

<i>Strategy</i>	<i>Progress Update</i>
Enhance the community’s capacity to provide primary care to uninsured and underinsured individuals and families	<ul style="list-style-type: none"> • Launched MCPH Colposcopy Clinic January 2024; 40 colposcopies completed • Funded eight federally qualified health centers and charitable clinics serving 9,835 uninsured residents completing 19,712 provider visits
Strengthen coordination among programs focused on alternative pathways to accessing care (e.g. mobile units, Community Health Workers (CHW), telemedicine, etc.)	<ul style="list-style-type: none"> • Expanded MCPH mobile unit fleet to three mobile health units including two medical and one dental • Expanded CHW initiatives to support 15 CHW employers and 90 CHWs through training, coordination, etc.



Violence Prevention

All Mecklenburg residents will live in safe communities.

FY2024 CHIP Progress

<i>Strategy</i>	<i>Progress Update</i>
Launch and sustain <i>The Way Forward (TWF)</i> community violence plan implementation coalition	<ul style="list-style-type: none"> • More than fifty diverse residents and organizational representatives serve on TWF advisors
Provide technical assistance and training to community-based organizations implementing violence prevention initiatives through the Peacekeepers Academy	<ul style="list-style-type: none"> • Two PA cohorts completed eight capacity-strengthening, resiliency building sessions including 24 Community-Based Organizations (CBOs) working to address community violence in Mecklenburg County
Implement and expand community violence interruption and hospital-based violence intervention initiatives	<ul style="list-style-type: none"> • Expanded ATV violence interruption program to three sites across Mecklenburg County • Expanded hospital-based violence intervention initiatives to include two healthcare systems



Chronic Disease Prevention

All people in Mecklenburg live long, healthy lives.

FY2024 CHIP Progress

Strategy	Progress Update
Implement Making Healthy Choices Easier Chronic Disease Prevention Plan	<ul style="list-style-type: none"> • Subawarded CDC REACH grant funds to support tobacco prevention, physical activity in region • Funded 20 grassroots organizations, nonprofits, and faith-based organizations to implement chronic disease prevention programs via Mecklenburg County Public Health, Health Equity Grant Program
Increase and improve healthy food environments and strengthen healthy food access	<ul style="list-style-type: none"> • Completed Phase I of local food security assessment • Expanded access to healthy food via mobile markets, food distribution, and healthy corner store initiatives and new infrastructure investments in the Charlotte Mecklenburg Food Policy Council, West Blvd Neighborhood Coalition, and Carolina Farm Trust Food Distribution Center • Expanded access to SNAP Double Bucks and SNAP EBT through 75% of Mecklenburg County Farmers Markets



Next Steps

- Convene 2025 Live Well: CHA Steering Committee
- Launch 2025 CHA Data Collection and Analysis
- Host 2025 Meck Design Community Convening





MECKLENBURG COUNTY
North Carolina

Questions?

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