

Crisis/Mental Health Hotlines (24-hours) & Contacts
Alcoholics Anonymous (AA) 24HR: 704-332-4387
Alzheimer's Association: 1-800-272-3900
Atrium Health 24-hr Psychiatric Help Line: 704-444-2400
Cardinal Innovations Healthcare 24-HR: 1-800-939-5911
Child Protective Services: 980-31-HELPS (43577)
Domestic Violence Hotline (National): 1-800-799-7233
Magistrate's Office (24-Hours): 704-474-7844; 832 E. 4 th St.
Mobile Crisis Services: 704-566-3410 (option 1)
NAMI Charlotte: 704-333-8218; 1-800-950-6264 (national)
Narcotics Anonymous (NA) 24-Hr: 980-200-9349
NCServes: Support for Active Military, Veterans and Families 1-800-939-5911
Human Trafficking Resource Center: 1-888-373-7888
National Suicide Prevention Hotline: 1-800-273-TALK (8255)
Novant 24-hour Behavioral Health Crisis/Referral: 704-384-4255
Safe Alliance Crisis Hotline: 704-332-2513
Social Security Administration: 1-877-430-7672
Suicide Prevention Hotline: 1-800-273-TALK (8255)
Suicide Prevention Hotline (Spanish Speaking): 1-888-628-9454
Teen Talk Crisis Lines: 1-800-650-8336 Text: 6773 for Suicide; 6725 for Grief and Loss; 6718 for Depression; 6715 for Counseling can help
The Relatives Hotline (emergency shelter for youth and teens): 704-377-0602
Treatment Court (STEP): 980-314-1950
Trevor Lifeline (crisis line for LGBTQIA youth): 1-866-488-7386
Veterans Crisis Hotline: 1-800-273-8255 (Veterans, press 1)
Veterans Homeless Hotline: 1-877-424-3828
Victim's Assistance and Rape Crisis: 704-375-9900
For additional resources, visit: www.auntbertha.com



If you, a loved one, or someone you know is experiencing a mental health, substance abuse or other behavioral health crisis: **Call 911** and request that a CIT Officer be dispatched to the location.

CIT Officers who graduate from the 40-hour training wear a pin on their uniform. The pin below is given to all law enforcement graduates in Mecklenburg County.



Mecklenburg County Crisis Intervention Team

Additional Information

Visit our website:

www.mecknc.gov and search for CIT

Phone: 980-314-8617



CENTRAL PIEDMONT
COMMUNITY COLLEGE

Mecklenburg County Crisis Intervention Team



Our mission is to PREPARE law enforcement to safely and effectively respond to people experiencing behavioral health crises.



CIT Mecklenburg County

Law Enforcement Officers are frequently front-line responders to persons in crisis with a serious mental illness. The Crisis Intervention Team (CIT) is an innovative program designed to prepare officers to safely and effectively respond to these individuals during related crisis, de-escalating the situation and diverting to treatment or support services when appropriate. The Mecklenburg County CIT program is designed as a 40-hour training program for law enforcement, with a 16-hour training provided for communications staff (i.e. 911 call takers and dispatchers). The program for Mecklenburg County is housed within the Mecklenburg County Department of Public Health. Training is provided to the following:

- CMPD
- NC DPS-Community Corrections
- Huntersville Police
- CMS Police
- Cornelius Police
- Mint Hill Police
- Davidson Police
- UNC Charlotte Police
- Matthews Police
- Queens University Police
- Pineville Police
- Davidson College Police
- Additional Local Agencies
- VA Police

Benefits of CIT

- Decreased use of force
- Decreased number of officer and civilian injuries
- Cost savings in time and resources
- Improved use of alternatives to arrest and jail
- Improved collaboration with community support services
- Appropriate diversion efforts while maintaining accountability

Understanding Behavioral Health



Behavioral Health refers to the mental and emotional well-being of individuals. It includes mental health, substance use and addiction, and issues related to severe psychological distress. Intellectual and Developmental Disabilities can also be under this umbrella. Mental disorders and psychological distress can have varying influences on thoughts and behaviors, causing things like anxiety, mood changes, and difficulty in daily functioning. They can also include intrusive thoughts and/or hallucinations. Similar to other things under the behavioral health umbrella, early intervention is key.

Connecting with resources and providers in the community can help individuals in the restoration of hope and move toward the process of recovery. For caregivers and supporters of those in recovery, don't neglect your own needs. There are supports available for you also. Agencies and resources listed here provide advocacy, education and support to individuals and families impacted by mental illness.

Staying Well Through Support



Recovery is an ongoing process. One of the key elements of the process is creating a strong system of support. You are deserving of support, kindness, and respect at every point in the recovery process. Know that you can BUILD this support system by:

- Joining a support group, special interest group, or community activity.
- Connecting with a Certified Peer Support Specialist (see resources)
- Participating in WRAP (Wellness Recovery Action Plan) training.
- Volunteering or taking a course.
- Listening closely to others when they are sharing.

MeckNC Community Resources

Homelessness Resources: Dial 211 for coordinated assessment
Men's Shelter: 704-334-3187; 1210 N. Tryon St. or 704-334-3187 Ext 301; 3410 Statesville Rd.
Salvation Army Center of Hope (Women and Children Shelter): 704-348-2560; 534 Spratt St.
Hope House: 704-992-1902; 15604 Northcross Dr., Huntersville
Charlotte Housing Authority: 704-336-5183; 400 East Blvd.
Child and Adolescent Resources
Monarch SECU Youth Crisis Center: 1-844-263-0050; 1810 Back Creek Dr.
Council for Children's Rights: 704-372-7961; 601 E. 5th St. # 510
Child Protective Services: 980-31-HELPS (43577)
The Relatives (Youth Crisis Shelter): 704-377-0602; 1100 East Blvd.
Mental Health Resources
Atrium-Behavioral Health ED: 1-800-418-2065; 501 Billingsley Rd.
Novant Presby: 704-384-4000; 200 Hawthorne Ln.
Cardinal Innovations Healthcare 24HR: 1-800-939-5911
Amara Wellness (open access clinic): 704-567-0790 24-Hr; 5108 Reagan Dr., Ste 8 & 9
InnerVision: 704-377-5042; 415 E 4th S
Monarch: 1-866-272-7826 or 1-800-230-7525; 5700 Executive Center Dr., Suite 110
Teen Health Connection: 704-381-8336; 3541 Randolph Rd.
Substance Abuse Resources
Anuvia Prev. & Recovery: 704-336-3067; 429 Billingsley Rd.
McCleod Center: 1-855-824-9458; 515 Clanton Rd.
Hope Haven: 704-372-8809; 3815 N. Tryon St.
Legal Resources
Magistrate's Office: 704-474-7844 (24/7/365); 832 E. 4th St.
Public Defender's Office: 704-686-0900; 700 E. 4th St. #400
District Attorney's Office: 704-686-0700; 700 E. Trade St.
Food and Financial Assistance
Crisis Assistance Ministries: 704-371-3001; 500-A Spratt St.
Loaves & Fishes Food Bank: 704-523-4333 for referral info
Veteran/Service Member Resource
NC Serves: 1-855-425-8838; www.charlotte.americaserves.org
Veterans Bridge Home: 704-332-8802; www.veteransbridgehome.org
Veterans Service Office: 704-432-7233; 3205 Freedom Dr., Ste 2000
Advocacy and Peer Support
American Foundation for Suicide Prevention: www.afsp.org
HUGS (Healing and Understanding of Grief from Suicide): 704-541-9011; www.hugscharlotte.com
Mental Health America of Central Carolinas: 704-365-3454; www.mhacentralcarolinas.org
NAMI Charlotte: 704-333-8218; www.namicharlotte.org
Promise Resource Network: 704-390-7709; www.promiseourcenetwork.com

48th Mecklenburg County Crisis Intervention Team Training Schedule: August 5-9

Day 1-August 5 Monday	Day 2-August 6 Tuesday	Day 3-August 7 Wednesday	Day 4-August 8 Thursday	Day 5-August 9 Friday
8:00-9:45 CIT Overview Law Enforcement Instructors CIT Pre-test Video, "Overcriminalized"	8:00-9:00 Geriatrics: Alzheimer's & Dementia Amy Weatherup Alzheimer's Association	8:00-9:00 Legal Aspects Marilyn Porter Managing Attorney, MCSO 9:00-9:15 Site visit Prep	8:00 to 9:15 De-escalation Techniques Deputy Robin Austin, Verbal Defense & Influence, MCSO	8:00-9:15 Professional Trauma Officer Russ Faulkenberry CMPD Central Division Community Coordinator
15 Minute Break 10:00 to 11:50 Psychotic and Mood Disorders: Symptoms, Treatment, & Supports Ebony Rao, LPC Mecklenburg County Public Health CIT/Trauma and Justice Partnerships	15 Minute Break 9:15 to 11:00 Substance Abuse & Co-occurring Disorders Andrea Skidmore M.S. LCAS, Brittany Hammonds LCSW, LCAS, Anuvia Prevention & Recovery 15 Minute Break 11:15 to 12:00 Traumatic Brain Injury Sally Rickard, BIANC (Brain Injury Assoc. of NC)	30 Min. Travel Time 9:45 to 10:45 First Site Visit 11:00 to Noon Second Site Visit	30 Min. Travel Time 9:45 to 10:45 First Site Visit 11:00 to Noon Second Site Visit	5 Minute Break 9:20 to 10:10 Role Plays 10:10 to 11:10 Role Plays 5 Minute Break 11:15 to 12:15 Return to training room for CIT Post-test Summary Discussion & Evaluations for Week Law Enforcement Instructors
LUNCH Provided 1:00 to 2:00 Recovery Sharon Galusky, MSW, CPSS Promise Resource Network Advanced Directives-15 min Judy Reiner, NAMI	Lunch w/Chris 1:00 to 2:00 PTSD and Veteran's Issues Dr. Dave Englert Mecklenburg County Public Health TJP-CMPD Partnership 15 Minute Break 2:15-3:15 Suicide Risk and Prevention Kelly Charles, LCSW Mobile Crisis, CPCRT-CMPD	LUNCH 1:00 to 1:15 Review of Site Visits 1:15 to 3:00 Consumer and Family Panel Judy Reiner, NAMI 15 Minute Break 3:15 to 4:05 Intellectual & Developmental Disabilities Becky Mills, BDQP, DDR Inc 10 min break	LUNCH 1:00 to 1:15 Review of Site Visits 1:15-2:00 Homelessness & Mental Illness Officer Russ Faulkenberry CMPD Central Division Community Coordinator 10 Minute Break 2:10-3:00 Role Plays 3:00-3:50 Role Plays 10 min break	 
15 Minute Break 2:30-3:30 Personality Disorders Dr. Stephen Strzelecki, Mecklenburg County Criminal Justice Services 15 Minute Break	3:15-3:30 CPCC Registration 15 Minute Break	15 Minute Break 4:15-4:45 Mobile Crisis Services Keshia Ginn, LCSW Mobile Crisis	4:00-4:45 Returning Veteran Experience	
3:45 to 4:30 Police Response to Autism Nancy Popkin Autism Society of NC	3:45-4:30 Adolescent Development Chavon Robinson, LCSW MeckNCCDCP			

Mecklenburg County CIT Graduates

Class	DATE	MCSO	CMPD	Other PD	LE Total	Other	TOTAL
Wake Co.	3/2008	2	2		4	0	4
1	8/25/08	32	0	3 (1 Matthews, 2 Huntersville)	35	1 civilian (PD SW)	36
2	11/17/08	12	10		22	1 private security	23
3	2/9/09	14	11	1 Huntersville	26	0	26
4	4/27/09	15	8	4 (2 Matthews, 2 Rock Hill)	27	0	27
5	9/4/09	11	12	2 VA police	25	1 private security	26
6	11/20/09	12	10	3 VA police	25	0	25
7	2/12/10	9	13	3 (1 VA police, 2 Mint Hill)	25	0	25
8	5/7/10	8	12	7 (3 Huntersville, 3 Matthews, 1 Probation)	27	0	27
9	8/13/10	10	13	3 (1 Huntersville, 1 Matthews, 1 Probation)	26	0	26
10	11/12/10	10	14	3 (2 Huntersville, 1 Matthews)	27	0	27
11	2/18/11	10	14	3 (Pineville)	27	0	27
12	5/13/11	9	13	6 (1 Cornelius, 1 Matthews, 4 Mint Hill)	28	0	28
13	8/12/11	10	15	5 (1 Davidson College, 3 Mint Hill, 1 Pineville)	30		30
14	11/18/11	10	12	4 (2 Davidson College, 2 Huntersville)	26		26
15	2/24/12	11	15	8 (1 Davidson College, 2 Huntersville, 2 Mint Hill, 3 Pineville)	34	1-CMPD Communications	35
16	6/15/12	9	12	11 (2 Davidson College, 1 Huntersville, 2 Matthews, 2 Mint Hill, 4 Pineville)	32		32
17	11/15/12	10	14	5 (Huntersville-1; Matthews-3; Pineville-1)	29		29
18	2/15/13	10	13	8 (1 Davidson College, 4 Matthews, 2 Mint Hill, 1 Pineville)	31		31
19	5/10/13	10	14	1 (Matthews)	25		
20	8/16/13	10	13		23	1-ACC, 2-MEDIC	26
21	11/22/13	10	16	3 (1 Huntersville, 1 Matthews, 1 Pineville)	29	1-ACC	30
22	2/14/14	10	12	2 (Mint Hill)	24	1-ACC	25
23	5/9/14	10	16	3 (Huntersville-2; Pineville-1)	29	1-ACC	30
24	8/15/14	6	25	5 (Huntersville-2; Matthews-3)	36	1-ACC	37
25	11/14/14	10	18	7 (Davidson College-3; Davidson-1; Huntersville-1; Pineville-1; Matthews-1)	35		35
26	03/20/15	14	16		30		30
27	5/8/15	12	17	Davidson College-2, Davidson PD-1, Huntersville-1	33		33
28	6/26/15		37		37		37
29	8/14/15	10	18	Huntersville-1; Pineville-1	30		30
30	11/6/15	11	18	Cornelius-1, Davidson-1, Huntersville-3, UNCC-2	36		35
31	2/19/16	12	19	Davidson PD-1, Huntersville-3, Matthews-1	36		36
32	5/13/16	12	19	0	31		31
33	6/24/16	12	22	(CMPD) TOTAL 493	34	FY16 sworn total 167	34
34	8/12/16	12	18	3	33		33
35	11/18/16	12	15	7: Davidson College-1, G4S Security-2, Matthews PD-2, Pineville PD-1, Probation-1	34		34
36	2/24/17	21	5	9: Davidson-1, Huntersville-2, Matthews-2, Pineville-1, Probation-3	35		35
37	5/5/17	3	27	3: Davidson-1, Huntersville-1, Matthews-1	33		33
38	6/30/17	12	19	0	31	FY17 sworn total 166	31

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9	8/13/10	10	13	3 (1 Huntersville, 1 Matthews, 1 Probation)	26	0	26
10	11/12/10	10	14	3 (2 Huntersville, 1 Matthews)	27	0	27
11	2/18/11	10	14	3 (Pineville)	27	0	27
12	5/13/11	9	13	6 (1 Cornelius, 1 Matthews, 4 Mint Hill)	28	0	28
13	8/12/11	10	15	5 (1 Davidson College, 3 Mint Hill, 1 Pineville)	30		30
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28	6/26/15		37		37		37
29	8/14/15	10	18	1 (Huntersville-1; Pineville-1)	30		30
30	11/6/15	11	18	1 (Huntersville-1; Pineville-1)	30		30
31	12/19/16	12	19	1 (Davidson-1; Davidson-1; Huntersville-3; UNCC-2-7)	36		35
32	12/19/16	12	19	1 (Davidson PD-1; Huntersville-8; Matthews-1)	36		36
33	12/19/16	12	19	1 (Davidson PD-1; Huntersville-8; Matthews-1)	36		36
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MeckNC CIT Community Resources

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Men's Shelter: 704-334-3187; 1210 North Tryon Street or

704-334-3187 Ext 301; 3410 Statesville Road

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Child and Adolescent Resources

Monarch SECU Youth Crisis Center: 844-263-0050;

1810 Back Creek Dr

Council for Children's Rights: 704-372-7961; 601 E 5th St # 510

DSS- Child Protective Services: 980-31-HELPS (43577)

The Relatives (Youth Crisis Shelter): 704-377-0602; 1100 East Blvd

Mental Health Resources

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Novant Presby: 200 Hawthorne Lane; 704-384-4000

Amara Wellness (open access clinic): 5108 Reagan Dr, Ste 8 & 9

704-567-0790 24-Hr

InnerVision: (704) 377-5042; 415 E 4th S

Monarch: (866) 272-7826 or Toll free (800) 230-7525;

5700 Executive Center Dr, Suite 110

Teen Health Connection: (704) 381-8336; 3541 Randolph Rd

Substance Abuse Resources

Anuvia Prevention and Recovery: 704-336-3067; 429 Billingsley Rd

McCleod Addictive Disease Center: 1-855-824-9458; 515 Clanton Rd

Hope Haven: (704) 372-8809; 3815 N Tryon St

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Atrium Health 24-hr Call Center: 704-444-2400

Cardinal Innovations Healthcare 24HR: 1-800-939-5911

CDCP 24hr Crisis Line: 704-621-1818

Domestic Violence Hotline (National): 1-800-799-7233

Magistrate's Office (24 Hours): 704-474-7844; 832 East 4th street

Mobile Crisis Services: 704-566-3410 (option 1)

NAMI Charlotte: 704-333-8218; 1-800-950-6264 (national)

Narcotics Anonymous (NA) 24-Hr: 980-200-9349

Human Trafficking Resource Center: 1-888-373-7888

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Novant 24-hour Behavioral Health Crisis/Referral: 704-384-4255

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The Relatives Hotline (emergency shelter for youth and teens):

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Trevor Lifeline (crisis line for LGBTQIA youth): 1-866-488-7386

Veterans Crisis Hotline: 1-800-273-8255 (Veterans- press 1)

Veterans Homeless Hotline: 1-877-424-3828

Victim's Assistance and Rape Crisis: 704-375-9900

VSO Coordinator Carolynn Cardwell: 704-638-9000 Ext: 4129

VSO: Veteran Service Office: 704-336-2102;

700 North Tryon Street

Provided by MeckNC CIT-updated Nov 2018