

## ADDRESSING THE BOARD OF COMMISSIONERS

MECKLENBURG COUNTY VISION STATEMENT  
To Be The Best Local Government Service Provider

MECKLENBURG COUNTY MISSION STATEMENT  
To Serve Mecklenburg County Residents By Helping Improve Their Lives And Community

MEETING DATE 6-5-18

AGENDA ITEM ( 18-4726 )

To speak with the Board of County Commissioners, please complete this card and hand it to the Clerk to the Board prior to your matter of interest being discussed. Each person wishing to speak will have three (3) minutes; no more than ten (10) minutes will be allowed for public comment on any subject. If an auxiliary aid or service is needed to assist with communication, please indicate below.

NAME Beth Marlin

MAILING ADDRESS 508 Beatties Ford Road

CITY Charlotte ZIP CODE 28216 PHONE (HOME) \_\_\_\_\_ (WORK) 704-975-3850

E-MAIL http://getwellnesscare.weebly.com FAX # \_\_\_\_\_

SUBJECT Teen Wellness - ~~Charlotte~~ Primary Healthcare - Charlotte

IN FAVOR \_\_\_\_\_ IN OPPOSITION \_\_\_\_\_ NEITHER \_\_\_\_\_

INDICATE COMMUNICATION ASSISTANCE NEEDED N/A

**PRIMARY HEALTH-CARE OF CHARLOTE, P.A.**  
**BETTY ELIZABETH J. MARLIN, RN, BSN, MSN, CNS**  
**508 BEATTIES FORD RD., CHARLOTTE, NC 28216-5334**  
**PHONE: (704) 347-1172**

*Blessed is the man who fears the Lord, who finds great delight in His commands. Psalms 112:1*

Dear Brothers and Sisters in Christ,

Allow me to introduce myself as a co-laborer of Jesus Christ. My name is Beth Marlin, a Parent/Child Clinical Nurse Specialist. I operate Primary Health-Care of Charlotte. This is God's inter-city wellness center for the unserved and underserved.

After being approved by the North Carolina Board of Nursing and the North Carolina Board of Medical Examiners for a state business license, we received an S-Corporation license, August 31, 1987. The Lord opened the first walk-in "Community Nursing Center" December 1, 1987. We based this holistic practice on HR-1161 encouraging nurses to go into private practice and give primary care with a CLIA waiver.

The Great Physician, Jesus Christ, opened this wellness-nursing center. Its holy purpose is to establish low cost primary care (first contact wellness care) and seek to bring that care from a Biblical and spiritual base. We knew from valid research and 48 years of professional nursing practice that there is such a desperate need for physicals, first aid, self-care counseling, health education for disease prevention, and abuse intervention.

We stay in business entirely by the provision of our Lord. We give God all the glory, honor and praise for promoting, healing, delivering wellness and releasing drug use and abuse for greater than 12,000 clients and their precious families through our care. We stand willing to help you with primary nursing care, wellness education, and spiritual aid either in our office or at your location of need.

We help thousands weekly with cable television (CMPAC) access program (channel 21, Fridays at 7:30 PM) called "Wellness, Wholeness, Holiness." We also have written articles for the Agape Christian Newspaper and also host a weekly radio program (WDRB) on Tuesdays at 6pm. We have improved individual and community wellness with health fairs and seminars.

We believe that the Lord is going to cause us to expand this nursing practice to reach every kindred, tribe and nation by the year 2040 (our call for expert nursing care that I offer will help that expansion to take place. You can also help by volunteering or giving a deductible contribution to the Diabetic Heart Kitchen and Teen Wellness Nook (Wellness, Wholeness, Holiness, Inc.). The end result is to see many come to the Lord and help prepare them to be pure and spotless for His coming return.

It is our desire to provide gentle and loving wellness care to as many souls as possible. God's word says, "Beloved, I pray above all things that thou may prosper and be in good health even as thy soul prospereth." (III John 2) This is our prayer for you and those who belong to you.

May we be of service to you?

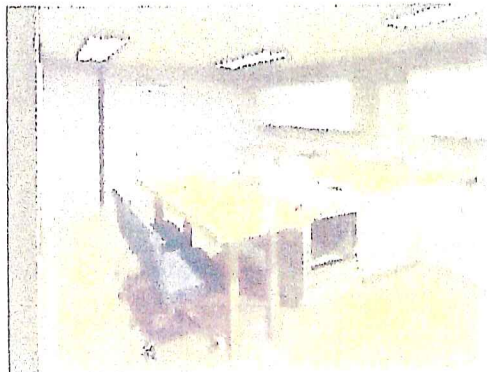


**Walk in Tuesday-Friday, 7am until 5:30 pm**  
**Quality First Aid, Physicals and Care**  
**Just North of JC smith University**



### DIABETIC KITCHEN

- Blood sugar, urine, height, and weight screenings before and after eating.
- Group mentoring.
- Family counseling/education.
- Testimonials from others with similar conditions.
- Demonstrations for healthy cooking alternatives.



### SIGNS OF WELLNESS:

- Energetic - see & talk clearly
- Blood sugar within normal limits (between 70-120 mg/dl).
- Cool, dry, skin - pink and smooth.
- Urine free of glucose (6-10 x's/day).

### TEEN WELLNESS NOOK

- Teen lifestyle discussions about fitness, healthy dieting, and what's trending.
- Age appropriate testing before and after eating.
- Creative cooking discussions.
- Responsible life choices and teen empowerment discussions.
- Discussions of accountability in healthy teen living.

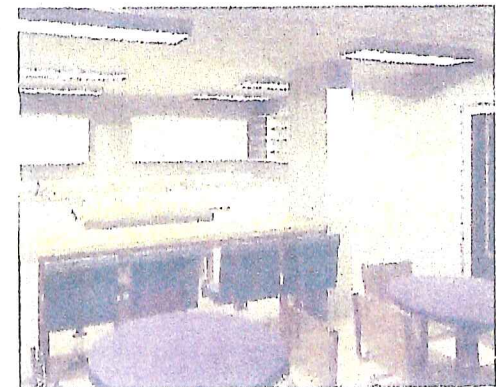


### SIGNS OF WELLNESS:

- Happy, self-confident feelings.
- Healthy sleep patterns (approximately 8-10 hours of sleep per night).
- Get along well with others-"Tell the truth".
- Healthy appearance (clean teeth, hair, & nails).

### HEART BAR

- Blood pressure, pulse, respirations, height, and weight screenings before and after eating.
- Serving healthy fruit and vegetable smoothies.
- Education supporting a heart healthy lifestyle.
- Cardiopulmonary risk assessments and screenings.
- Discussions about the positive effects of staying active and regular exercise.



### SIGNS OF WELLNESS:

- Regular heartbeat (60-90 beats/min.)
- Regular, even respirations (12-20 respirations/min.)
- Blood pressure 90/60 to 138/88.
- Resting body temperature 97-99° F.

**BETTY ELIZABETH J. MARLIN, RN, BSN, MSN, CNS**  
508 BEATTIES FORD RD., CHARLOTTE, NC 28216-5334

WELLNESS, WHOLENESS, HOLINESS





# Mecklenburg County

## Board of Commissioners

### Register to speak at a REGULAR BOCC Meeting

#### Instructions for Speakers

The Mecklenburg County Board of Commissioners invites all residents to Connect with Mecklenburg County by participating in the governing process. There is a Public Appearance agenda item near the beginning of every regular meeting for the purpose of allowing residents to address the Board on matters not appearing on the agenda. Residents also may sign up to speak about specific agenda items as the Board discusses them. Speakers may not use their time for campaign purposes or make budget requests. Budget requests must be addressed at Budget Public Hearings.

Speaker sign-up is now available anytime online using the form on this page. Please complete all the questions on the sign-up form. Those who include an email address will get an email confirming their registration.

Members of the public appearing before the Board will each be given three minutes to speak unless there are four or more speakers who wish to speak concerning the same matter. In that case, all persons wishing to speak on the same matter will be considered a group and given a total of ten minutes in which to speak. The group (four or more speakers) would divide the ten minutes among themselves or the ten minutes will be divided equally among the speakers by the Board Chairman.

The Board reserves the right to alter these rules on a case-by-case basis as necessary for the efficient and effective conduct of business.

Those with questions can contact Janice S. Paige, Clerk to the Board at 980-314-2912 or [Janice.Paige@MecklenburgCountyNC.gov](mailto:Janice.Paige@MecklenburgCountyNC.gov)

Register Date:

6/5/2018

Speaker List

Meeting Date:

06/05/2018 6:00PM

Agenda Item #:

Subject:

Historic Dowd House and Former CFD Station No. 10

Please select one regarding the agenda item you will address:

☐ In Favor☐ In Opposition☐ NeitherAdditional  
Comments:Speaking on behalf of the Camp Greene  
Neighborhood Association

First Name:

Edwin

Last Name:

Johnson

Suffix:

Home Address (House/Apt# and Street):

1912 Garibaldi Ave

City:

Charlotte

Zip Code:

28208

Daytime Phone:

(704)-361-6557

Secondary Phone:

Email:

etjohnson5@msn.com

Special Assistance Needed at Meeting:

☐ Yes☐ No

Specify:

Update

Back to Home





# Mecklenburg County

## Board of Commissioners

### Register to speak at a REGULAR BOCC Meeting

#### Instructions for Speakers

The Mecklenburg County Board of Commissioners invites all residents to Connect with Mecklenburg County by participating in the governing process. There is a Public Appearance agenda item near the beginning of every regular meeting for the purpose of allowing residents to address the Board on matters not appearing on the agenda. Residents also may sign up to speak about specific agenda items as the Board discusses them. Speakers may not use their time for campaign purposes or make budget requests. Budget requests must be addressed at Budget Public Hearings.

Speaker sign-up is now available anytime online using the form on this page. Please complete all the questions on the sign-up form. Those who include an email address will get an email confirming their registration.

Members of the public appearing before the Board will each be given three minutes to speak unless there are four or more speakers who wish to speak concerning the same matter. In that case, all persons wishing to speak on the same matter will be considered a group and given a total of ten minutes in which to speak. The group (four or more speakers) would divide the ten minutes among themselves or the ten minutes will be divided equally among the speakers by the Board Chairman.

The Board reserves the right to alter these rules on a case-by-case basis as necessary for the efficient and effective conduct of business.

Those with questions can contact Janice S. Paige, Clerk to the Board at 980-314-2912 or [Janice.Paige@MecklenburgCountyNC.gov](mailto:Janice.Paige@MecklenburgCountyNC.gov)

Register Date:

6/5/2018

Speaker List

Meeting Date:

06/05/2018 6:00PM

Agenda Item #:

Subject:

Stranger danger in our schools

Please select one regarding the agenda item you will address:

☐ In Favor☐ In Opposition☒ NeitherAdditional  
Comments:

First Name:

DeeDee

Last Name:

Spivey

Suffix:

Home Address (House/Apt# and Street):

3700 Avalon Ave

City:

charlotte

Zip Code:

28208

Daytime Phone:

(704)-605-3717

Secondary Phone:

Email:

deedeespivey62@yahoo

Special Assistance Needed at Meeting:

☐ Yes☒ No

Specify:

Update

Back to Home



# Mecklenburg County

## Board of Commissioners

### Register to speak at a REGULAR BOCC Meeting

#### Instructions for Speakers

The Mecklenburg County Board of Commissioners invites all residents to Connect with Mecklenburg County by participating in the governing process. There is a Public Appearance agenda item near the beginning of every regular meeting for the purpose of allowing residents to address the Board on matters not appearing on the agenda. Residents also may sign up to speak about specific agenda items as the Board discusses them. Speakers may not use their time for campaign purposes or make budget requests. Budget requests must be addressed at Budget Public Hearings.

Speaker sign-up is now available anytime online using the form on this page. Please complete all the questions on the sign-up form. Those who include an email address will get an email confirming their registration.

Members of the public appearing before the Board will each be given three minutes to speak unless there are four or more speakers who wish to speak concerning the same matter. In that case, all persons wishing to speak on the same matter will be considered a group and given a total of ten minutes in which to speak. The group (four or more speakers) would divide the ten minutes among themselves or the ten minutes will be divided equally among the speakers by the Board Chairman.

The Board reserves the right to alter these rules on a case-by-case basis as necessary for the efficient and effective conduct of business.

Those with questions can contact Janice S. Paige, Clerk to the Board at 980-314-2912 or [Janice.Paige@MecklenburgCountyNC.gov](mailto:Janice.Paige@MecklenburgCountyNC.gov)

Register Date:

5/24/2018

...

Speaker List

Meeting Date:

06/05/2018 6:00PM

Agenda Item #:

Subject:

Education and Young Leaders

Please select one regarding the agenda item you will address:

☒ In Favor☐ In Opposition☐ NeitherAdditional  
Comments:

First Name:

Michael

Last Name:

Smalenberger

Suffix:

Home Address (House/Apt# and Street):

2406 Sawyer Drive

City:

Charlotte

Zip Code:

28213

Daytime Phone:

(919)-525-4364

Secondary Phone:

Email:

michael@localfoodforthought.org

Special Assistance Needed at Meeting:

☐ Yes☒ No

Specify:

Update

Back to Home