

# PROCLAMATION

## City of Charlotte/Mecklenburg County

**WHEREAS**, the community becomes more aware of the benefits of exercise when it comes to mental health; and

**WHEREAS**, the community becomes more aware of the benefits of seeking information when it comes to the facts about mental health and wellness; and

**WHEREAS**, Sanity Not Vanity Day lets the community see US and not the condition, therefore STOMPING out the negative stigma associated with those having a mental condition; and

**WHEREAS**, the community starts a healthy conversation with their friends and families about mental health and wellness; and

**WHEREAS**, the community recognizes that exercising and education work hand in hand towards benefiting individuals and our communities with questions about managing mental health issues and finding helpful resources; and

**WHEREAS**, we encourage relatives, friends and coworkers of people with mental health issues to seek and implement preventative measures when they recognize signs or problems guiding those in need to appropriate treatment and support services:

**NOW, THEREFORE, WE**, Vi Alexander Lyles, Mayor of Charlotte, and Ella B. Scarborough, Chair of the Mecklenburg Board of County Commissioners, do hereby proclaim, July 14, 2018 as

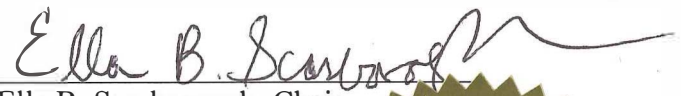
### “SANITY NOT VANITY DAY”

in Charlotte and Mecklenburg County and commend its observance to all citizens.

**WITNESS OUR HANDS** and the official Seals of the City of Charlotte and Mecklenburg County.



Vi Alexander Lyles, Mayor  
City of Charlotte



Ella B. Scarborough, Chair  
Mecklenburg Board of  
County Commissioners

