



# Mecklenburg County 2017 Community Health Assessment

1

REVIEW  
DATA

2

PRIORITIZE  
FINDINGS

3

COMMUNICATE  
FINDINGS

4

ACTION  
PLANNING



Community Health Assessment  
process is conducted every 4  
years

# 9 Health Areas of Interest

Access to Care

Chronic Disease Prevention

Healthy Environment

Healthy Pregnancy

HIV & STD Prevention

Injury Prevention

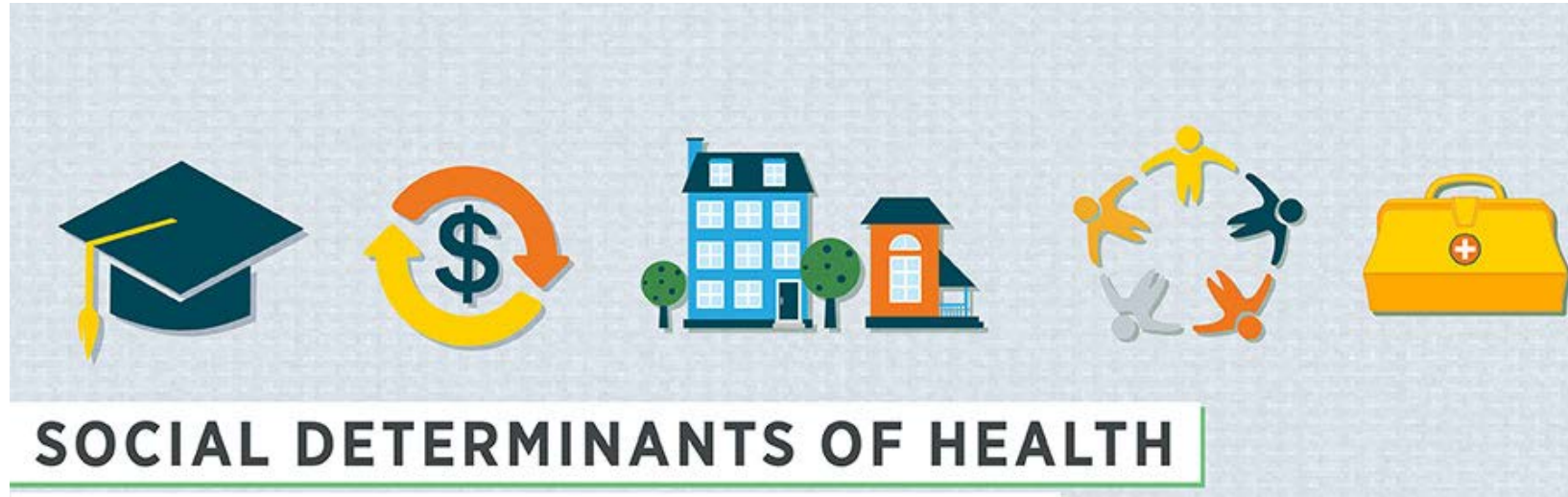
Mental Health

Substance Use Disorder

Violence Prevention



# 9 Health Areas of Interest



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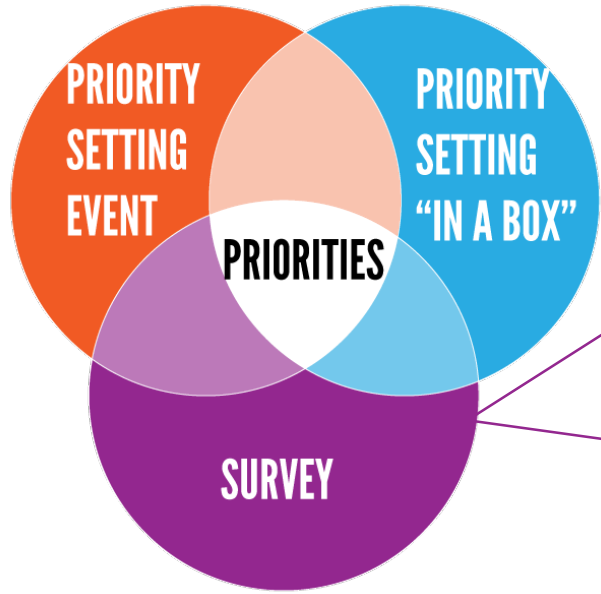
HEALTH DISPARITIES

**are central themes in each health area**

# Community Role in Ranking Process



# Community Role in Ranking Process



The Community Health Opinion Survey asked residents to select the **4 issues** they thought needed the most attention.

Survey was available in **English & Spanish** and in **online or paper** formats

Survey demographics were **similar** to overall county demographics

**1,800 Responses**

# Community Role in Ranking Process



Brief community presentations took place during October and November 2017.

CHA Steering committee members delivered standardized presentations at a variety of **standing community meetings**.

Meetings included: On the Table CLT, Generation Nation, BTAN, Head Start, Leadership Charlotte

**300 Participants**

# Community Role in Ranking Process



The community Priority Setting Event took place on December 8, 2017 at UNC Charlotte.

Participants heard presentations on the 9 health issues from **subject matter experts**.

Presentations were followed by table discussion and **individual ranking of each issue**.

**125 Participants**



# 2017 Top Four Priority Areas

**Mental  
Health**

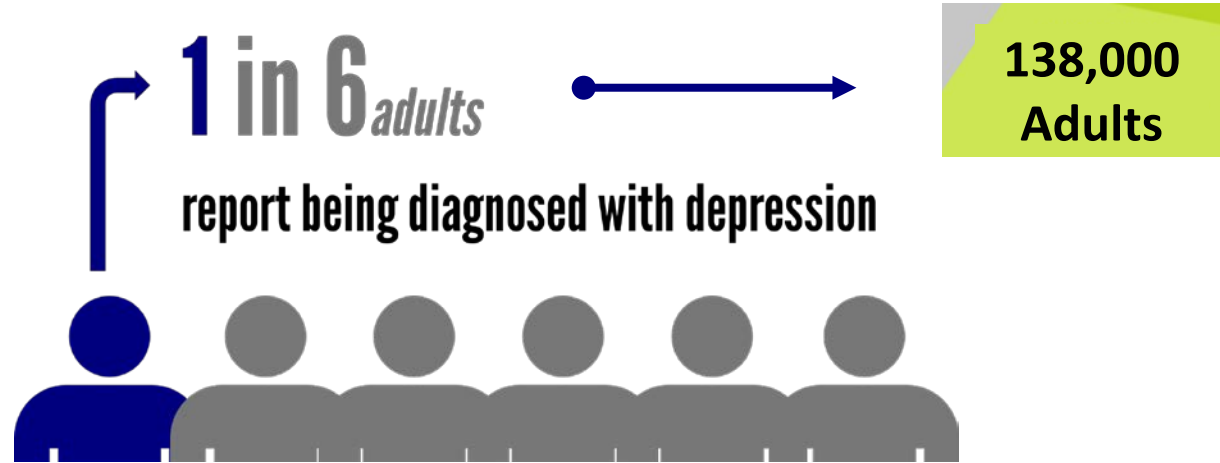
**Chronic  
Disease**

**Access  
to Care**

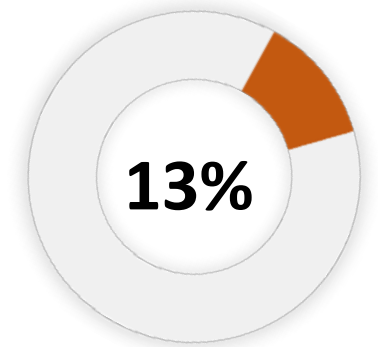
**Violence**



# 1. Mental Health

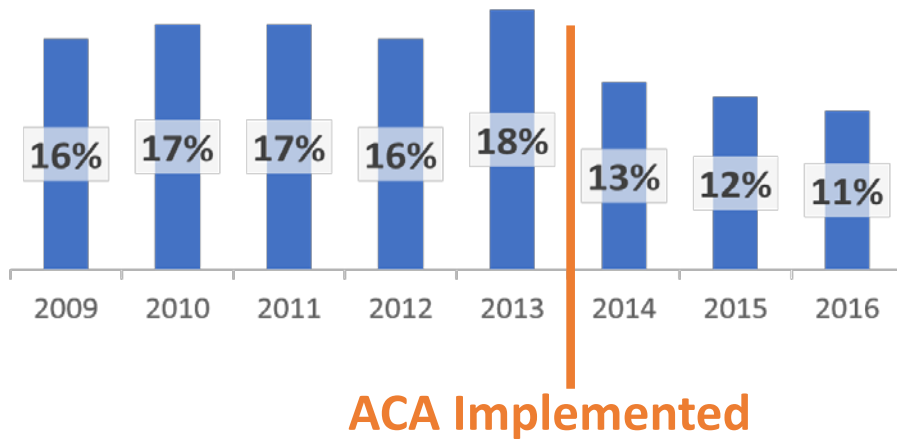


Adults who **reported mental health not good** for at least 8 out of the past 30 days (BRFSS, 2017)

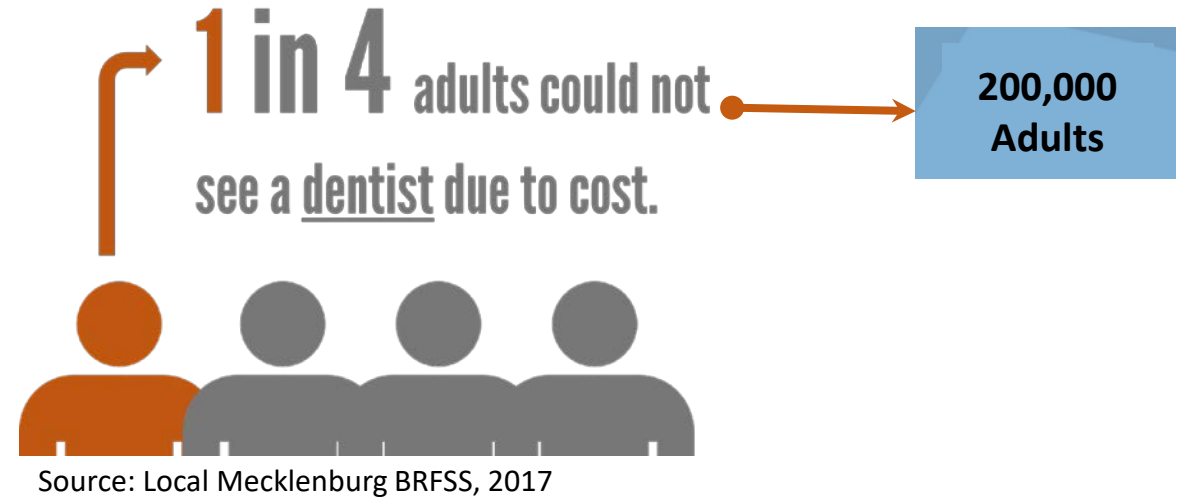


## 2. Access to Care

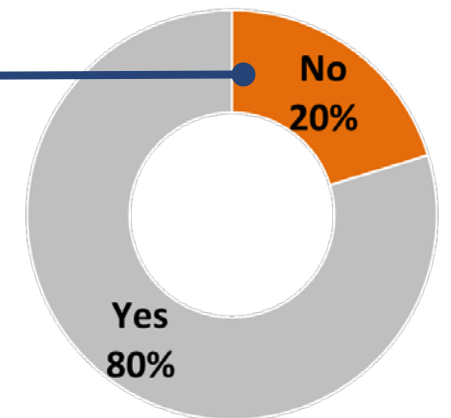
% Without Health Insurance  
Mecklenburg



Source: US Census, American Fact Finder

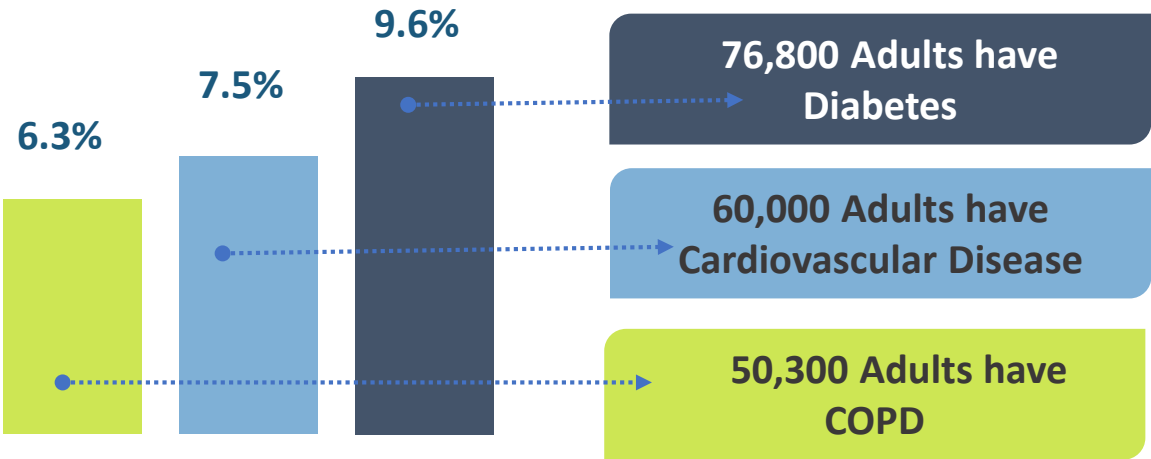


Adults who report not being able to see a doctor due to cost.

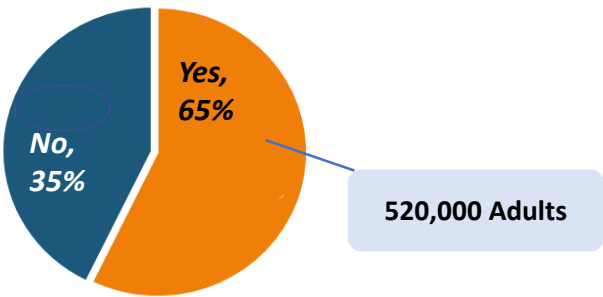


BRFSS, 2017

# 3. Chronic Disease Prevention



Overweight & Obesity (BMI>24.9)



## Tobacco Use

**14%**

Of adults are smokers



## Lack of Exercise

**19%**

Of adults did not exercise in the past month



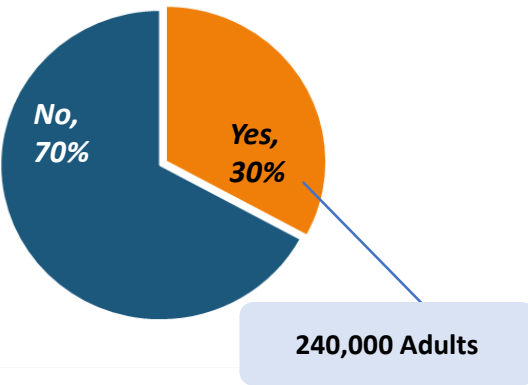
## Healthy Eating

**82%**

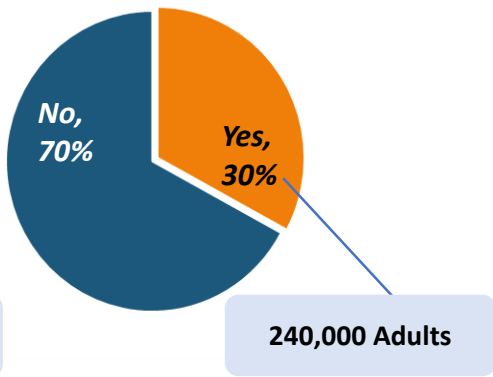
Of adults did not eat 5 or more fruits & vegetables in the past month



High Cholesterol



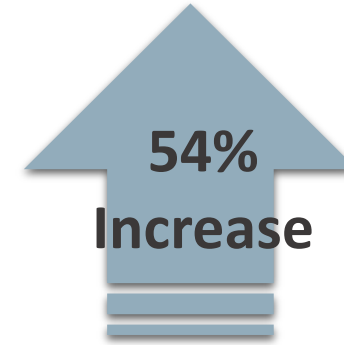
High Blood Pressure



# 4. Violence Prevention

A green circle with a white shadow, containing the text "2nd" in white, italicized font.

In 2016, homicides were the **2<sup>nd</sup> leading cause of death for persons aged 15 – 24 years.**

A blue arrow pointing upwards, with the text "54% Increase" in black, bold font inside it.

The rate of homicides in Mecklenburg **increased by 54%** between 2014 & 2016.



# Next Steps

*Will be posted  
on our website!*

- Final **assessment report** was submitted to NC DHHS on March 5
- **Action Plans** to address top 4 issues are due early September
- Community follow up on CHA results and invitations to **participate in action planning**

