



# City of Charlotte and Mecklenburg County



## JOINT PROCLAMATION

**WHEREAS**, National Mental Health Awareness Month shines the spotlight on the millions of Americans living with mental health conditions, including those that are suffering in silence and increases public understanding and awareness of mental health conditions, reducing stigma through conversations leading to action; and

**WHEREAS**, putting in the work through treatment, therapy, medication, and above all else, self-care has made recovery a reality for most people experiencing a mental health condition, people with mental health issues deserve help; and

**WHEREAS**, we can realize our shared vision of a community, a culture, and a society where anyone affected by mental health, no matter their background, can get the appropriate support and quality of care to live healthy, fulfilling lives; and

**WHEREAS**, good mental health is critical to the well-being of our families, communities, schools, and businesses of all cultures and backgrounds; and

**WHEREAS**, organizations such as National Alliance on Mental Illness, National Alliance on Mental Illness Charlotte, Mental Health America of Central Carolinas, Promise Resource Network, and American Foundation for Suicide Prevention are committed to increasing awareness, and offering help, support, and education to individuals and their families on their road to wellness and recovery:

**NOW, THEREFORE, WE**, Vi Alexander Lyles, Mayor of Charlotte and Mark Jerrell, Chair of the Mecklenburg Board of County Commissioners, do hereby proclaim May 2026 as

### **“NATIONAL MENTAL HEALTH AWARENESS MONTH”**

in Charlotte and Mecklenburg County and commend its observance to all citizens.

**WITNESS OUR HANDS** and the official Seals of the City of Charlotte and Mecklenburg County.

  
Vi Alexander Lyles  
Mayor

  
Mark Jerrell, Chair  
Mecklenburg Board of County  
Commissioners