American Cancer Society Cancer Prevention Study-3 (CPS-3)

The American Cancer Society's Epidemiology Research Program is inviting men and women between the ages of 30 and 65 years of age who have no personal history of cancer to join in this historic research study. The goal of CPS-3 is to better understand ways to prevent cancer and this grassroots effort allows local communities from across the country to support cancer research not just through fundraising efforts, but also by actively participating in the study. The ultimate goal is to enroll at least 300,000 adults from a variety of racial/ethnic backgrounds from across the United States.

To be eligible to enroll in CPS-3, men and women should:

- be between 30 and 65 years old
- have no personal history of cancer (this does not include basal or squamous cell skin cancer)
- be willing to make a long-term commitment to the study which simply involves completing a periodic follow-up questionnaire

A group/demographic that is not in a study cannot be researched. Without participation from diverse populations, researchers will not be able to examine factors related to cancer prevention/occurrence in those populations. Currently, there are no other studies of this magnitude in the US that enable researchers to look at various racial/ethnic populations. Since the goal of CPS-3 is to better understand ways to prevent cancer, it is important to begin with a population who is cancer free. Once a person has cancer, the body has been affected by the disease, treatment, and/or lifestyle changes. For this reason it is difficult to collect certain kinds of information and study how to prevent the disease. Additionally, various factors in their blood may be altered due to their treatment. Enrolling individuals without a personal history of cancer will enable researchers to study how to prevent the disease. Participants will be followed for at least 20 years. Once enrolled, a participant will be contacted every two years with mailed questionnaires to complete. The amount of time to answer a follow-up questionnaire is estimated to be approximately 45 minutes.

Charlotte area CPS-3 enrollment opportunities will take place from March 12 – 16, 2013 at selected local venues (attached) and will take about 20-30 minutes. Study participation typically involves:

- reading and signing an informed consent form
- completing a survey
- providing a waist circumference measurement
- providing a small blood sample (similar to a doctor's visit)

There are no costs associated with the study nor will persons receive payment for participation. If a participant develops cancer during the course of the study, researchers will compare those participants who develop cancer with those participants who do not. By doing so, they are able to understand the differences (in lifestyle, environment, and genetic factors) between people who get cancer and those who do not, what the likely risk factors are for cancer, and how to best prevent disease in the future. They also learn if environmental, lifestyle, and genetic factors influence treatment outcomes, survival, and quality of life following a cancer diagnosis. It is important to follow all participants, including those who develop cancer, for the full length of the study.